

Round Annapurna Biking Tour – 19 Days



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Group size:	2-12 Pax	Max-Altitude:	1400
Fitness level:	Adventurous		

Trip Introduction

Round Annapurna Biking Tour is a standout amongst Nepal's most popular biking visit which is near the Marsyangdi and Kali Gandaki Rivers, close Tibet, and inside the Annapurna Conservation area. **Round Annapurna Biking Tour** isn't simple trek, as the course ascends to an elevation of 5416m at the Thorong-La Pass, yet it is an energizing and lovely one.

Our guides keep telling us to take out the first day of this brutal climb up to Manang, but we keep saying to them, no matter where you start to Mountain Bike Annapurna, the first day is tough! Not to put you off, but this circuit is exactly that. It's essentially five days of climbing to the heights of Throng La (5416m). Sometimes the way up is rough and rocky, sometimes covered in Ice and Snow, it is nothing short of Brutal! That's why it's also the route chosen by [Yak Attack](#), the toughest bike race in the world.

BUT as the saying goes, what goes up must come down and indeed coming down is what we do best! Our route does not go straight down to Jomsom like many others do. We take you on some epic single tracks down through the famed Lubra Valley and beyond. After all, you did just spend five days climbing and humping your bike over a frozen mountain pass, so at the very least we want you to enjoy the downhill.

By far and away, to mountain bike Annapurna is one of our most popular trips offered by Himalayan Single Track. Of course it has a lot more to offer other than the physical challenges and the trails. It's a journey along one river valley and down another between some of the biggest mountains in the world! The scenery is stunning and along the way you will pass through many authentic villages, experience the warm hospitality of the Nepalese people and enjoy the delicious food and mind boggling views.

And furthermore one appropriate to mountain biking for those with great bicycle aptitudes. We initially investigated the course by bicycle in 1992 and are currently exceptionally acquainted with it. It is extremely specialized, especially the declining area from the Thorong-La. What's more, we don't prescribe it for learners, however with perspectives on tops at over 8000m and an assortment of scenes, plants and creatures, it is certainly

justified regardless of the exertion. Around evening time we remain in town lodges. For more info, [CONTACT US](#)

Outline Itinerary

- **Day 01** :Pick up from the International Airport, transfer to hotel and welcome dinner.
- **Day 02** :Sightseeing in the Kathmandu valley.
- **Day 03** :We take a bus from Kathmandu to Besisahar (177 km, 5-6 hrs).
- **Day 04** :Our trek starts with a ride to Bahundanda (18km, 650m altitude gain to 1310m, but some covered by jeep).
- **Day 05** :To Tal Manang (12km, 600hm, 1700m, about 40% ride-able).
- **Day 06** :To Chame Manang (20.6km, 985hm, 2670m, about 55% ride-able).
- **Day 07** :To Lower Pisang village (15.2km, 600hm, 3260m, 80% ride-able).
- **Day 08** :To Manang village (16.7km, 400hm, 3450m, 95% ride-able).
- **Day 09** :Today we rest at Manang to acclimatise enjoying the village and perhaps visiting an old Monastery.
- **Day 10** :To Thorong Base Camp (18km, 910hm, 4450m, 70% ride-able).
- **Day 11** :Today we cross the Thorong La, at 5416m, to reach Muktinath (21km, 966hm, 3800m, 60% ride-able).
- **Day 12** :To Jomsom (25km, 2750m, 98% ride-able).
- **Day 13** :To Kalopani (24.8km, 2530m, 85% ride-able).
- **Day 14** :To Tatopani, (23km, 1190m, 75% ride-able).
- **Day 15** :To Beni Baazar (24km, 830m, 90% ride-able).
- **Day 16** :A free day to explore fascinating Pokhara.
- **Day 17** :We take the bus for the 200km drive to Kathmandu. Overnight at a hotel.
- **Day 18** :Free day for shopping in Kathmandu.
- **Day 19** :Departure for home.