

Group size:	1+	Max-Altitude:	5,010 m at Dri Ra Phuk Gompa
Destination:	Nepal		
Arrival on:	Tribhuwan International Airport (TIA)	Departure from:	Tribhuwan International Airport (TIA)
Meals:	Breakfast/Lunch/Dinner + Tea or Coffee		
Best Season:	AUTUMN (Sept – Nov) WINTER (Dec – Feb) Spring (March – May) Summer (Jun-Aug)		

Trip Introduction

Upper Mustang Trek a remarkable adventure, a **most loved destination** of everyone photographers and explorers as this between a rock and a dry place nation offers huge view of mountains, astounding scenes with tremendous culture holding its past greatness right up 'til today untouch by modernization.

Snowy Dream World presents this interesting and exemplary trip on the old and antiquated Trans Himalayan Caravan Route to Tibet with overnights around fascinating villages and towns of **Jomsom-Kagbeni-Chele-Ghami-Tsarang** to the restricted walled city/town in **Lo-Manthang**.

Mustang region situated on Nepal Far North West which is an expansion of high and immense Tibetan level with dry landscapes including snowy-covered mountains views.

This magnificent **Upper Mustang trek** begins with an overland drive on an interesting occupied roadway to reach a famous touristic city of **Pokhara**, a stunning and remarkable spot with warm atmosphere and close views on high Annapurna Himalaya.

After Pokhara taking a short beautiful trip to **Jomsom** with appealing perspectives on **Dhaulagiri-Annapurna to Manaslu range** of mountains, on coming to Jomsom the headquarter town of entire Mustang region.

From Jomsom walk goes into Upper Mustang territory through Kagbeni village and a few fascinating villages exploring the way of life and old **monasteries** to reach the well known walled city of **Lo-Manthang** after a beautiful and pleasant walks.

Around Lo-Manthang and Upper Mustang visiting great and medieval period villages and monasteries including the royal residence of **Mustang Raja**, and back to Jomsom after a pleasant and captivating time around Upper Mustang Trek.

At long last this radiant great adventure closes at celebrated touristic city in Pokhara after flying out from Jomsom and after that back to Kathmandu.

Day 01:Arrival in Kathmandu.

- 1350m.

- Three star rated Hotel.
- 6-7 km.

At Kathmandu Tribhuvan International Airport you will be generally welcomed by Snowy Dream World guide and staff for transfer to your lodgings in the center point of Kathmandu city, subsequent to getting revived our guide/pioneer brief of the excursion to **Upper Mustang Trek**.

Day 02: In Kathmandu Prepare All Permit.

- 1400m.
- Three star rated Hotel.
- Breakfast
- 6-7 hrs.

In Kathmandu free day arrangements for the trek with a minute ago of purchasing and contracting of riggings required for the trek, discretionary half day touring visit at spots of enthusiasm around Kathmandu around world heritages sites with Monasteries, temples, Stupas and of old illustrious castle yard.

Day 03: Drive to Pokhara 860m (220 k.m) - 06 hrs.


- 860m
- Three star rated Hotel
- Breakfast
- 6 hrs

Beginning **upper Mustang trek** with drive on Nepal's intriguing interstate to reach Pokhara, venture leads past many homestead towns and towns with views on mountains.

Drive at last finishes on coming to Pokhara and transfer to inn close lovely Phewa Lake where the vast majority of the pleasant lodgings are found.

Day 04: Morning Flight to Jomsom 2,700 and trek to Kagbeni – 04 hrs.

- 2700m

- Best Tea-house Available
- Breakfast Lunch Dinner
-  4 hrs


With a charming stop at Pokhara, early morning drive to Pokhara airplane terminal for short grand trip to Jomsom, on flight views on lovely mountains and after that arrival at Jomsom air terminal situated on the bank of Kali-Gandaki River.

Jomsom, headquarter town of Mustang region, after Jomsom first day trek starts on Kali-Gandaki stream valley around desolate nation.

Evening will be breezy, following couple of long periods of good walk with unique perspectives on Mt. Dhaulagiri, Nilgiri's compass at Kagbeni village.

A decent Tibetan like village situated on the beginning and closure purpose of **Upper Mustang** region towards taboo city of Lo Manthang, on old Himalayan Caravan trade route to Tibet.

Day 05:Trek to Chele 3,050m – 06 hrs.

- 3050m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  5-6 hrs.

Morning walk leads on tough trail into gulch and high red dissolved precipice ridge, then, following upper Kailgandaki River upstream, around one of a kind scenes of bluff divider in the middle of walking trails.

This pleasant walk with views prompts our overnight stop at Chele village, a moderate size community.

Day 06:Trek to Geling 3,540 m – 05 hrs.

- 3540m
- Best Tea-house Available
- Breakfast Lunch Dinner


-  5 hrs.

From Chele (spelled as Tsele likewise), morning walk starts with a move to Gyakar village, and from here trek around dry and fruitless scenes to reach at Samar village, one of the exquisite looking villages of Mustang region.

After Samar town with short stops walk to Bhena and afterward leading with a lofty move to an ridge top of Yamda La go at 3,860 meters high, offering amazing vista of Mustang region with high heaps of Mt. Dhaulagiri.

From here on down-hill to overnight stay at Geling village through Syangboche village.

Day 07: Trek to Tsarang (Charang) 3,560 m – 06 hrs.

- 3560m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  6 hrs

Morning visit old Geling monastery and explore the Buddhist mani petition wheels moved with water control, after religious community visit trek towards Ghami village, and afterward prompting cross Ghaymi Khola (stream) walk drives following a long and fascinating line of Mani dividers (blessed prayer stone) from here walk to Dhakmar village.

Following couple of long periods of wonderful walk coming to at Tsarang village, encompassed by huge fields of yields like buck wheat's for overnight stay and visit of Tsarang old monastery.

Day 08: Trek to Lo-Manthang 3,700 m – 04 hrs.

- 3700m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  4 hrs

Today a brief day stroll to Lo – Manthang our main destination of this great adventure to the divider city (really an enormous village) guarding this city/town encompassed by high divider.

At one time remained as an restricted kingdom after government rule finished in Nepal few past decade, morning walk begins crossing a steel extension, and after that to Marang village.

From this village move to reach a beautiful ridge peak, running over a few chortens and mani stones, among Tsarang and on Lo Manthang trail with fabulous view on parched scenes in the shade of Nilgiri's, Tilicho and Bhrikuti peaks.

Walk prompts a move over Lo La pass at 3,950 meters with first views on Lo Manthang walled city and its fortress like village. From here descend to the base of the pass and on decent trail to reach at Lo Manthang for two afternoons stop.

Day 09: In Lo-Manthang for acclimatization and local climb.

- Best Tea-house Available
- Breakfast Lunch Dinner

Lo Manthang highest overnight stay of this adventure, with time to explore this captivating village with old Tibetan like houses encased inside extraordinary high divider, visit authentic and traditional belief the primary fascination of Lo-Manthang.

The four fundamental religious communities are Namgyal Gompa, Champa Lakhang (God House), Red Thubchen Gompa, Chyodi Gompa and the incomparable Entrance Hall.

Advance authorization required to enter ruler's royal residence to visit inside of the old royal residence and to allow crowd with previous lord or Raja of Mustang if conceivable.

Day 10: Trek to Dhakmar 3,810 m – 06 hrs.

- 3810m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  6 hrs

After an interesting time with regards to Lo-Manthang morning walk begins a similar route back to Marang village, and afterward walk west utilizing an old way to Dhakmar village for overnight stop.

Day 11: Trek to Ghiling 3,806 m – 06 hrs.

- 3806m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  6 hrs

From Dhakmar village, morning walk heading on a similar route with long arrangement of Mani Walls, and after that traverse Ghami Khola to reach at Ghami village for overnight stay, time allowing visit Geling monastery.

Day 12: Trek to Tsusang 2,980 m – 06 hrs.

- 2980m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  6 hrs

Gradually this entrancing walk arrives at an end after a short move to Syangboche village, and to Yamda La with excellent views, then, downhill to Bhena and Samar villages.

Walk leads by a stream passing Gyakar and Chele villages lastly finishing this pleasant walk at Tsusang village.

Day 13: Trek to Kagbeni 2,830 m – 05 hrs.

- 2830m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  5 hrs

Morning stroll back on same trail to Kagbeni village after a fascinating and energizing time around **Upper Mustang**, a decent and charming walk brings comes to at Kagbeni town before finishing up the stroll at Jomsom.

Day 14: Trek to Jomsom 2,715 m – 04 hrs.

- 2715m
- Best Tea-house Available
- Breakfast Lunch Dinner

- 🚶 04 hrs

Today last day stroll of this wonderful and pleasant trek, morning walk begins a similar route to Jomsom village, after backtracking Kaligandaki river valley trail to reach in Jomsom and overnight in a decent fine hotel.

Jomsom region from Kagbeni to Larjung is renowned for delightful apples and items juice, schnaps and juice.

Day 15: From Jomsom morning fly to Pokhara.

- Three star rated Hotel
- Breakfast

Our last day of this stunning adventure around Mustang finishes up with short picturesque departure from Jomsom to Pokhara an exquisite touristic city, overnight stay in Pokhara a beautiful spot with many decent inns by the peaceful Phewa Lake, where Annapurna Himal ponders its flawless quiet waters.

(Driving alternatives which is around 6-7 hours through Beni town to Pokhara city from Jomsom)

Day 16: Drive/Fly back to Kathmandu.

- Three star rated Hotel
- Breakfast

After a grand time on high mountains and hills of Mustang and Annapurna Himal, morning leave Pokhara after breakfast with overland drive back to Kathmandu.

(Flying alternatives 30 mins via air to Kathmandu)

Day 17: International take off toward home bound.

- Breakfast

Today, a day ago in one of a kind Nepal of Himalayan miracles, after special experience and experience on Upper Mustang trek and as your flight time AGH staff transfer you to Kathmandu airplane terminal for your global takeoff toward home bound or to your next port of call.

Trip Notes:

- All above trekking hours and distances are approximate and it's absolutely for general ideas only.
- The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities
- Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is

estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assure that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.

Included in the Cost

- Accommodation in Kathmandu and Pokhara
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- Transfer by Kathmandu to Pokhara by deluxe tourist bus.
- An experienced English-speaking trek guide and Sherpa porters to carry luggage including their salary, insurance, equipment, food and lodging.
- Porter 1:2 ratio. 1 porter for 2 people weighing around 15-20 kg of weight.
- Sleeping bags and duffel bags, Walking Sticks if necessary.
- First aid kit will be available if necessary.
- Trekking maps.
- Our Company provides Adventure Trekking Certificate.
- Our administration charge and government charges.

Not Included in the Cost

- Food in city like Kathmandu and Pokhara.
- Extra Hotel Lodging Charges in Kathmandu because of Early arrive or late departure. early arrive from mountain than our schedule Itinerary.
- Tips to Guides and porter.
- Additional charges in case of emergency (You must have adequate travel insurance to cover any kind of emergencies, like (ground transportation & Heli rescue/medical/hospitalization. Medical etc).
- Your International flight ticket airfare.
- Chocolates/energy drinks/alcohol/mineral water/cigarettes/packing food /snacks etc.
- Additional medication for altitude sickness (Acetazolamide etc).
- Personal and any other expenses such as Laundry/WIFI on trek/phone call.
- Personal trekking equipment.
- One-way domestic airfares from Pokhara to Kathmandu. Can be organized at an extra charge USD \$60 only.