

Trip Introduction

The Langtang Gosaikunda Trek is a brave trek in the Langtang area of Nepal, which gives you a **chance to find the Tibetan culture and Tibetan mountain views with fantastic old religious communities and glaciers**. Experience with the mountain ethnic individuals (Tamang) and their intriguing society and customs. This enrapturing **Langtang Gosaikunda trek** is melded with the eye-getting scenes, interesting Nepali subculture, **high mountain Lakes of Gosaikunda**, Distant Valley, exceptional views on the Himalayas, variety of floras and faunas, The Langtang National Park, incredible views and many more. **The Gosaikunda Lake is otherwise called the frozen lake that offers us grand views on the Himalayas**, for example, Mt. Langtang Range, Himachali 7893m, Ganesh Himal, Mt. Manaslu 8156m, Annapurna Range and other neighboring ranges. Snowy Dream World Treks and Expedition has structured itinerary 17 days of the Langtang Gosaikunda Trek, which offers you a bold adventure in the Langtang region through lavish woods, rich wildlife, interesting villages, and stunning perspectives on the magnificent Himalayas.

The Journey begins


This entrancing Langtang Gosaikunda Trek experiences the **Trisuli river** north of Kathmandu, following the Trisuli Bazaar, **Syabrubesi**, an acclaimed Sherpa Village, arranged close to the **Langtang National Park** and cross the few awesome rivers with different ups and down the trail, we will reach to **Lama Hotel**. The further voyage will be through along a chasm Valley and wonderful dense forests of oak, pine, bamboo, rhododendron and even cross dazzling frosty moraine and energetic Tamang Village, where you will get opportunities to engage with their one of a kind societies and traditions. Further trek up to the valley will reach to **Kyangin Gompa**, where you can visit **local Yak Cheese production line and cross Nubamatang**, with the glacier perspectives. Proceed with trail will lead us to the fantastic Gosaikunda Lake, a consecrated lake after crossing Syabru and Sing Gompa. As you reach to the **Gosaikunda Lake**, you will explore different floras and faunas close to the Lake and enjoy seeing the Gosaikunda Lake. After observation of this astonishing Gosaikunda Lake, we will return back to Kathmandu by following an alternate route.

Day 01: Arrival and transfer to inn


- 1350m
- Three star rated Hotel
- 6-7 km
- Your name would be composed on the whiteboard
- Drive to the inn and lodging registration
- Take rest for some time

- Briefing about the trek by one of our agents
- Overnight stay at Hotel

Day 02: Drive to Syabru Bensi (1450m) 7 hrs


- 1450m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  7 hrs
- Early morning breakfast and Check out.
- Take a drive to Syabru Bensi, at the elevation of 1450m.
- Witness astounding view of white snowy-capped mountain, for example, Mt. Manaslu, Annapurna II, Ganesh Himal and many more.
- You can likewise observe local pretty villages and shops and terraced fields.
- We will follow Trisuli Bazaar, Betrawati, and Dhunche.
- Descend down to Syabrubensi.
- Dinner and overnight remain in the visitor house at Syabru Bensi.

Day 03: Trek to Lama Hotel (2480m) 5 ½ hrs

- 2480m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  6 hrs
- Early morning breakfast and check out.


- Continue trek to crossing the wonderful Bhote Koshi River.
- You will explore Guru Gumpa in Rinpoche and walk along the stone-paved way and reach to Langtang Khola
- Continue trail through crossing a few suspension bridges and rises up to Bamboo.
- The trail experiences the thick woods of oak, and rhododendrons.
- You can experience with the varieties of vegetation.
- You can observe Yellow-throated martens, wild boars, Langur monkey, Red Pandas, Himalayas mountain bear and some more.
- Further rising trail will take you to the Rimche and from Remche you will reach to Lama Hotel.
- Dinner and overnight stay in the visitor place of Lama Hotel.

Day 04: Trek to Langtang (3541m) 5 hrs

- 3541m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  6 hrs
- Early morning breakfast and check out.
- Continue our trek by leaving the Lama Hotel.
- Gently Climb through the wild woods of oaks, hemlocks, white and pink rhododendron, maples and some more.
- During your trek, you can appreciate with the grand Himalayas views, for example, Mt. Langtang Lirung (7244m)

- Cross the excellent long bridge and trek over the rich knolls of Ghora Tabela.
- Further climb trail will offer you the wonderful U-molded glacier, yak pastures, and scattered Tamang Villages.
- Cross a stream and climb through a few water-driven plants and supplication wheels.
- The further trek will lead you to the Langtang National Park.
- You will likewise observe Tibetan style houses and experience with the wildlife.
- Dinner and overnight stay in the visitor house at Langtang.

Day 05: Trek to Kyangin Gompa (3900m) 5 ½

- 3900m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  6 hrs
- Early morning breakfast and checkout
- Begins trekking through the lovely village and climb through the few Chorten.
- You will likewise get opportunities to find amazing Mani Wall and trek further after little village of Mundu (3442m).
- The further trek will pass a few little streams with wooden cantilever extensions and moraines.
- Explore the antiquated Kyanjin Gompa monastery and staggering icefall following from the Lirung and Kimshung Peaks.
- We will trek further with the glorious views on the Himalayas, for example, Langtang Lirung (7246m), Genjempol, Kyangjin Ri (4750m.), Tsergo Ri (5000m.), Ganja La (5160m.), Langshisa-Ri (6427m.), Dorje Lhakpa (6430m.), Naya Kang (5844m.), Yala peak (5500m).
- Dinner and overnight stay in the visitor house at Kyangin Gompa.

Day 06:Day excursion to Tserkori (5184m) 4 hrs

- 5184m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner

-  4 hrs

Early morning breakfast.

- Today is a rest day at Kyanging Gompa.
- Explore the Cheese production line.
- Make short climb to Tserkori for dazzling ice faces and tumbling glaciers of Langtang Lirung or rise Kyanjin Ri (4350m) and Tserko Ri (5,000m).
- Enjoy glorious views on the Himalayas, for example, Mt. Langtang Lirung, Langtang pass, Kinshung, Yansa Tsenji and some more.
- After exploring, we can likewise make a short side excursion to Langshisa Kharka and trek back to Kyangin Gompa.
- Dinner and overnight stay in the guest house of Kyangin Gompa.

Day 07:Trek to Lama Hotel (2480m) 5 hrs

- 2480m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner


-  5 hrs

- Early morning breakfast and checkout.

- Continue trek after watching incredible snow-capped mountains and follow the trail back to Lama Hotel.


- Continue trek by following the pretty Villages of Langtang, Langtang Khola and trek onward Ghore Tabela.
- Continue to step downhill trail to Lama Hotel with the incredible mountains.
- Dinner and overnight remain in the Lama Hotel.

Day 08: Trek to Thulo Sybru (2200m) 6 hrs.


- 2200m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  6 hrs
- Early morning breakfast and checkout
- Begins trek delicately down along the lovely stream and pass through the dense backwoods of Pine and Junipers.
- Further steep climb trail will lead us to the Thulo Syabru with the great Himalayas views.
- Encounter with the wildlife life, for example, Red Pandas, Boar, Langurs(Monkey) and species of birds.
- Enjoy the creeping sound of variety of birds
- You can likewise get familiar with the different local people and watch their own lifestyles, cultures and traditions.
- You can enjoy seeing the amazing Himalayas, for example, Mt. Ganesh Himal (7110m), Langtang Himal and its extents in transit.
- Dinner and overnight stay at Thulo Sybru.

Day 09: Trek to Sing Gompa (3584m) 6 hrs

- 3584m

- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  6 hrs
- Morning breakfast and checkout.
- Continue trek rises step by step through the mineral water plant up to Ghatte Khola (stream).
- Cross a lovely suspension bridge over this stream.
- The further trek will be steep up until you reach Sing Gompa by following the pine, silver oak and rhododendron forests with cannabis plants.
- Explore an old cheddar production line at Sing Gompa.
- overnight stay at Sing Gompa.

Day 10: Trek to Gosainkunda (4381m) 6 hrs


- 4381m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  6 hrs
- Morning breakfast and checkout.
- rek starts with the delicate rising up to Lauribinayak and enjoys the heavenly views and extraordinary inclination that the highest point of Lauribinayak provides you.
- After exploring, we will start steep climb trek the best approach to Gosaikunda.
- we will pass through a tough trail with brilliant views on the Himalayas, for example, toward the west Himal Chuli (7893m) Manaslu range (8156mm), Ganesh Himal range(7406m),
- Tibetan pinnacles and Langtang Lirung.
- If the day is clear, you can likewise enjoy the perspective on the Annapurna range and the Langtang Lirung.

- We will pass some little hovels in the high field of Laurebinayak and cross a little edge with the primary perspectives on the sacred lakes.
- You will likewise enjoy seeing around twelve lakes in the Gosainkunda Basin.
- You will explore the primary three being Saraswatikunda, Bhairabkunda, and Gosainkunda.
- You will likewise get opportunities to think about the historical backdrop of the Gosainkunda, made by Shiva.
- Enjoy and explore the Gosaikunda region.
- Overnight remain at Gosaikunda.

Day 11: Explore around the higher lake (4381m)


- 4381m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
- Early morning breakfast.
- Today you will explore the Higher Lake in Nepal and its encompassing.
- Explore other lake too.
- Dinner and overnight stay in the visitor place of Gosaikunda Lake

Day 12: Trek to Ghopte (3440) by means of (4610m) pass 6 hrs


- 4610m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  6 hrs
- Early morning breakfast and checkout.

- We will walk around the lake and rise towards the Laurebina Pass(4610m).
- As you explore the Lauribinayak, you will slip down to the Melamchi Valley.
- Trek through the harsh trail and cross moraines, a few small lakes.
- The further trek will go through the rising hill and with the incredible perspectives on the Himalayas.
- Our trail passes Surya Kunda and spans to Ghote.
- Dinner and overnight remain in the visitor place of Ghote.


Day 13: Trek to Tarkeghyang (2550m) 6 hrs

- 2550m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  6 hrs
- Early morning breakfast and Departure
- Continue trek through passing old stupa and cross a little stream underneath Tarkeghyang.
- The further trek will pass the thick woodlands and reach to Ama Yangri. Witness old Buddhist Stupa and prayer flags on the highest point of the hill.
- Enjoy wonderful views on the Mt. Shishapangma and the Langtang ranges
- The further trail is sliding through the Yaks grazing in the brambles and reach to thick woods.
- Finally reaches to Sherpa village called Tarkheghyang.
- Dinner and overnight stay in the visitor place of Tarkheghyang.

Day 14: Trek to Kutumsang (2000m) 5 hrs


- 2000m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  5 hrs.
- Early morning breakfast and Departure
- Continue trek towards Kutumsang, arranged in the height of 2000m.
- Trek rising trail through the accompanying the thick woodland of rhododendron.
- Enjoy the brilliant views on the Mountains in transit.
- The further trek will lead you to the wonderful village called Kutumsang.
- Stroll around the Kutumsang and explore the area.
- Encounter with the in all respects agreeable Sherpa people.
- Dinner and overnight stay at Kutumsang.

Day 15: Trek to Chisopani (1700m) 5 hrs

- 1700m
- Best Hotel/Tea house Available
- Breakfast Lunch Dinner
-  5 hrs
- Early morning breakfast and Departure
- Continue trek and leave the Kutumsang and follow the climb up to the woods.

- Pass the few local town and picturesque surrounding.
- Encounter with the in all respects inviting local people and their own types culture.
- Dinner and overnight stay in the visitor house at Chisopani.

Day 16: Trek to Sundarijal (1500m) 4 hrs and drive to Kathmandu.

- 1500m
- Three star rated Hotel
- Breakfast Lunch
-  4 hrs
- 2 hrs

Early morning breakfast and Departure

Continue trek and leave the Chisopani. what's more, follow the steeply climb and drop approach to Sundarijal.

Pass the few local villages and grand encompassing in transit.

As you reach to Sundarijal then return a private jeep and drive to Kathmandu.

During this satisfying drive, enjoy grand encompassing and neighborhood villages on the way.

As you reach to Kathmandu and Hotel check in and rest for some time.

Stroll around the Thamel Bazaar for shopping.

Dinner and overnight stay in the lodging at Kathmandu.

Day 17: Final Departure

- 1350m
- Breakfast

Today is the final day of our trip. Our agent will drop you Airport 3 hours before your planned flight. Have a nice and safe flight

Notes:

- **All above trekking hours and distances are approximate and it's absolutely for general ideas only.**

- The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities
- Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assure that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.

Included in the Cost

- Airport pick up and drop off services - (Airport- Hotel- Airport)
- 2 nights' Accommodation service in Kathmandu with Twin Sharing Basis.
- All accommodation and meals (Breakfast, Lunch and Dinner) during the trek.
- An experienced and governmentally licenced English-speaking trek guide and Sherpa porters to carry luggage including their salary, insurance, equipment, food and lodging.
- Porter 1:2 ratio. 1 porter for 2 people weighing around 15-20 kg of weight.
- Sleeping bags and duffel bags, Walking Sticks in return basis, if necessary.
- First aid kit will be available if necessary.
- Trekking maps.
- Our Company provides Adventure Trekking Certificate.
- Our administration charge and government charges.

Not Included in the Cost

- Food in city like Kathmandu and Pokhara.
- Extra Hotel Lodging Charges in Kathmandu because of Early arrive or late departure. early arrive from mountain than our schedule Itinerary.
- Tips to Guides and porter.
- Additional charge in case of emergency (You must have adequate travel insurance to cover any kind of emergencies, like (ground transportation & Heli rescue/medical/hospitalization. Medical etc).
- Your International flight ticket airfare.
- Chocolates/energy drinks/alcohol/mineral water/cigarettes/packing food /snacks etc.
- Additional medication for altitude sickness (Acetazolamide etc).
- Personal and any other expenses such as Laundry/WIFI on trek/phone call.
- trekking equipment