

Group size:	1+	Max-Altitude:	8201m.
Destination:	Nepal	Fitness level:	Moderate to Adventurous
Arrival on:	Tribhuvan International Airport (TIA)	Departure from:	Tribhuvan International Airport (TIA)
Meals:	Breakfast in Kathmandu and All standard meals (B+L+D) during the Trek and Climb		
Best Season:	Spring and Autumn		
Accommodation:	Best lodge/Tea house /Camping		

Trip Introduction

Cho Oyu Expedition (South) is one of the extreme climb in the world. **Cho Oyu** is the sixth highest mountain in the world with an altitude at 8,201 meters (26,906 ft) above sea level. The Tibetan meaning of 'Cho Oyu' is the Goddess of Turquoise. The mountain is part of the Mahalangur section of the Himalayas, which also consist of Mount Everest. It is located between Tibet-Nepal border, hence expeditions are often mounted from Tibetan side.

Cho Oyu Expedition the proportional eases of access, lack of objective dangers and generally uncomplicated terrain makes Cho Oyu the most attainable of the world's highest mountains. Cho Oyu expedition is an excellent opportunity for climbers to get friendly with extreme altitudes or a stepping stone to an attempt on Mt. Everest.

Cho Oyu is regarded as the easiest mountain to climb among 8000m club because of technically straightforward route. It has moderate slopes on northwest ridge approach with sweeping sights of vast snow slopes. Despite its ease, climbers are required to have satisfactory mental and physical preparation as a necessary precondition. The first attempts to climb Cho Oyu were made around 1952 by the famous climbers Eric Shipton, Edmund Hillary and Tom Bourdillion. However, it wasn't until 1954 when a Austrian team of Herbert Tichy, Joseph Jochler, Sherpa Pasang Dawa Lama successfully scaled it via northwest ride. It was fourth 8000m mountain to be climbed after Annapurna, Everest and K2. Ever since, **Cho Oyu Expedition (South)** has become popular for climbers from all over the world. For more information, you can visit [expedition in Nepal](#)

Outline Itinerary

- **Day 01** :Arrival to Kathmandu airport, transfer to hotel. Stay overnight at hotel in Kathmandu.

- **Day 02/03: Preparation days for the Cho Oyu expedition. Stay overnight at hotel in Kathmandu :**
- **Day 04 :**Drive from Kathmandu to Tibet Border at Kerung / or fly from Kathmandu to Lhasa. Stay overnight at hotel.
- **Day 05 :**Rest day for acclimatization at Kerung or Lhasa. Today, we will arrange hike / city tour for you. Stay overnight at hotel.
- **Day 06 :**Drive from Kerung to Old Tingri (4300m) or Lhasa to Shigatse (3900 m.). Stay overnight at hotel.
- **Day 07 :**Rest day for acclimatization / Drive to Tingri from Sigatse. Stay overnight at hotel.
- **Day 08 :**Drive from Tingri to Chinese Base Camp (5200m.). Stay overnight in Camp.
- **Day 09/10: Rest and acclimatization at Chinese Base Camp; Provision of Yaks and preparation for Advance Base Camp (ABC) trek. Stay overnight in camp :**
- **Day 11 :**Trek from Chinese Base Camp to Middle Base Camp (5300 m.). Stay overnight in camp.
- **Day 12 :**Trek from Middle Base Camp to Cho Oyu Advance Base Camp (5,700m.). Stay overnight in camp.
- **Day 13-35: Climbing period of Cho Oyu (8201m.) mountain. Stay all nights in camp. :**
- **Day 36 :**Trek from Advance Base Camp to Chinese Base Camp and drive to Tingri. Stay overnight at hotel.
- **Day 37 :**Drive from Tingri to Kerung takes about 7 hours. Stay overnight at hotel in Kerung.
- **Day 38 :**Drive from Kerung to Kathmandu. Stay overnight at hotel in Kathmandu.
- **Day 39 :**Free day in Kathmandu. Stay overnight at hotel in Kathmandu.
- **Day 40 :**Transfer to airport for final departure.

Notes:

- **All above trekking hours and distances are approximate and it's absolutely for general ideas only.**
- **The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities**
- **Your safety is our supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assurance that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required**