

Trip Introduction

Snowy Dream World Trek shows a special walk only North of Kathmandu, where you can drench inside interesting and great culture, age old culture in our most selective moderate experience Tamang Heritage Trail Trekking.

Tamang Heritage Trail offers **stunning perspectives on Central Himalaya of Langtang and Jugal Himal, and as far to Ganesh and Manaslu range of peaks** on this magnificent walks of week length, and amidst vivid Tamang village embellished with prayers flag at each house in the scenery of lovely snow capped mountain range.

A lovely picturesque walk where individuals with **enthusiasm for Buddhism and ancient Bon culture and religion** can join in the brilliant and interesting trek and perfect experience for a wide range of tenderfoots to Himalayan area exploring society and customary lifestyle of remote and confined hilly villages with awesome views on high Central Himalayan mountains.

Beginning this awesome adventure taking an energizing overland ride to reach at the trekking point as the drive leads towards high hills above Kathmandu valley to reach at **Syabrubesi villages**, and after that heading towards dazzling farm towns of Tamang old Heritage, on the least visited regions by different trekkers which leads you to close Tibet/China border.

Our walk advance observing **cultural villagess of Gatlang-Tatopani – Thuman and Briddim** with a visit of its **old monasteries**, and afterward our course occupies into cool shade of elevated backwoods inside tall rhododendron-magnolia and pines tree lines, where our voyage finishes strolling back at Syabrubesi with magnificent grand time around Langtang Himal on Tamang Heritage Trail Trekking.

Day 01: Entry in Kathmandu Airport.

- 1350m
- Three star rated Hotel.
- 6-7 km

On coming to at Kathmandu Tribhuvan International Airport, energetically welcomed by our staff and guides for transfer to your lodging in the core of Kathmandu around Thamel area, the occurrence spot in Kathmandu with many fine Hotels and cafes with shopping stores and shops, here our guide will brief you with all briefing on Tamang Heritage Trail Trekking around Langtang Himal.

Day 02: Drive to Syabrubesi 1,470 m through Trisuli and Dhunche village 1,950 - 06 hrs.

- 1950m
- Best Tea house Available.

- Breakfast Lunch and Dinner

-  6 hrs.

Beginning this spectacular and picturesque moderate Tamang Heritage Trail Trekking taking a morning drive towards North of Kathmandu with perspectives on Ganesh and Langtang Himal, as the drive draws nearer towards Dhunche at 1,900 m high, headquarter village of Rasuwa district and Langtang Himal region.

From Dhunche heading downhill on crisscross street to reach at Syabrubesi village for first overnight stay around Langtang Himal populated by Tamang of huge culture and age-old customs of Tibetan background.

Day 03: Trek to Gatlang 2,238 m - 05 hrs.

- 2238m
- Best Tea house Available.
- Breakfast Lunch and Dinner

-  5 hrs.

Our first day strolls prompts Gatlang at 2,238 m high on journey Goljung, exploring Tamang culture with views on Ganesh Himal, Langtang Lirung and other bordering peaks. As the trek progress leads past a few farm villages of Tamang area and afterward with moderate trip achieving a huge Tamang village at Gatlang for overnight stay, on entry warm welcome welcomed with Khada (religious silk scarf) and exchanges you to nearby homes for overnight remain, with time to visit around the towns and cooperate with local people.

Gatlang, situated on a high slope inside terraced farm fields set apart with customary stone houses. One can visit a Tamang monastery and lovely Parvatikunda Lake at Gatlang.

The social show at Goljung and Gatlang makes your trekking a remarkable experience.

Day 04: Trek to Tatopani 2,607 m - 05 hrs.

- 2607m
- Best Tea house Available.
- Breakfast Lunch and Dinner


-  5 hrs

Morning walk starts with a drop to Thangbuchi, in transit enjoy views on Langtang Mountain range and Ganesh Himal with Tibet Mountains towards north, walk leads past

little homestead villages and into snow capped forests to reach at Tatopani for overnight stop. Evening visit hot springs 'Tatopani' signifies boiling water ascending from the crisp spring with time for short stroll around towns.


Tatopani means 'hot water'; it is trusted that a dip into the spring heals you from pain and hurts and relax your muscles, evening with time to explore Tamang culture observe the village and associating with local people.

Day 05: Trek to Thuman 2,338 m - 05 hrs.

- 2338m
- Best Tea house Available.
- Breakfast Lunch and Dinner
-  5 hrs.

Morning stroll from Tatopani prompts Thuman via Nagthali and Bimthang as the trail leads into dense elevated backwoods, odds of spotting monkeys and deer. On coming to Nagthali with clear views on Langtang Himal, Kerung, Ganesh Himal. Nagthali used to be a popular meditation centre of neighborhood priests and monks. From here one more hour walks to reach at cultural village of Thuman, where you can watch Shamanic exhibitions with view on Langtang Himal.

Day 06: Trek to Briddim 2,229 m - 05 hrs.


- 2229m
- Best Tea house Available.
- Breakfast Lunch and Dinner
-  5 hrs

From Thuman trek prompts Briddim village on course visit nearby historical Rasuwagadi the border of Nepal/Tibet, China with an old fort. The fort here is a historical notice of the Nepal Tibetan relations that have existed for a long time. Walk today takes you with a chance to explore Tamang culture and traditional village life.

After a fascinating time with views on Ganesh and Langtang Himal, a decent and charming stroll on twisting way with a move to an edge sitting above more views on mountains and surrounding scenes and entering rhododendron, pines and oaks woodland, and afterward move with short downhill to reach at Briddim for overnight stay


Briddim, another Tibetan Buddhist village situated on old exchange route of Nepal and Tibet here enjoy the people and cultural show performed by local people.

Day 07: Trek to Lama Hotel 2,200m - 06 hrs

- 2200m
- Best Tea house Available.
- Breakfast Lunch and Dinner
-  6 hrs.

The trek from Briddim town prompts moves for some time however the remainder of the walk is progressive on the twisting tough trail through terraced farm fields and towns, as the trail decent and joins the way originating from Langtang valley glacial Trisuli River upstream, as the way follows in the cool shade of rhododendron and oaks woodland after a decent stroll of almost six hours reaching a little clearing at Lama-Hotel for overnight stay

Day 08: Trek back to Syabrubesi - 05 hrs.

- Best Tea house Available.
- Breakfast Lunch and Dinner
-  5 hrs.

A day ago of trekking, where walk pursues on a similar route right to Syabrubesi out and about head, as the trail leads through rain and bamboo woodland past farm terrace to reach at Syabrubesi for last overnight remain after a magnificent and awesome time high above around lovely Langtang valley.

Day 09: Drive back to Kathmandu and transfer to your hotel.

- Three star rated Hotel
- Breakfast Lunch

Early morning move into our vehicles for picturesque and energizing drive to Kathmandu as the morning ride leads towards farm villages and towns and driving along the twist with beautiful perspectives on moving farmland and hills toward Trisuli Bazaar, and after that following an interesting 5-6 hours adventure coming to at busy city life of Kathmandu.

Day 10: Final Departure.

- 1350m
- Breakfast

Today is the final day of our trip. Our agent will drop you Airport 3 hours before your planned flight. Have a nice and safe flight. See you next time.

Notes:

- All above trekking hours and distances are approximate and it's absolutely for general ideas only.
- The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities
- Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assure that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.

Included in the Cost

- Airport pick up and drop off services - (Airport- Hotel- Airport)
- 2 nights' Accommodation service in Kathmandu with Twin Basis.
- All accommodation and meals (Breakfast, Lunch and Dinner) during the trek.
- An experienced and governmentally licenced English-speaking trek guide and Sherpa porters to carry luggage including their salary, insurance, equipment, food and lodging.
- Porter 1:2 ratio. 1 porter for 2 people weighing around 15-20 kg of weight.
- Sleeping bags and duffel bags, Walking Sticks in return basis, if necessary.
- First aid kit will be available if necessary.
- Trekking maps.
- Our Company provides Adventure Trekking Certificate.
- Our administration charge and government charges.

Not Included in the Cost

- Food in city like Kathmandu and Pokhara.
- Extra Hotel Lodging Charges in Kathmandu because of Early arrive or late departure. early arrive from mountain than our schedule Itinerary.
- Tips to Guides and porter.
- Additional charge in case of emergency (You must have adequate travel insurance to cover any kind of emergencies, like (ground transportation & Heli rescue/medical/hospitalization. Medical etc).
- Your International flight ticket airfare.
- Chocolates/energy drinks/alcohol/mineral water/cigarettes/packing food /snacks etc.
- Additional medication for altitude sickness (Acetazolamide etc).
- Personal and any other expenses such as Laundry/WIFI on trek/phone call.

- trekking equipment