

Trip Introduction

Prestigious as Nepal's greatest and deepest fresh water lake in the Nepal Himalayas, it falls in the regions of Rara National Park, situated in the **Jumla and Mugu Districts**. In September 2007, the lake was proclaimed a Ramsar site, covering 1,583m (6.11 sq mi) including the surrounding with pine, spruce and juniper forests.

We begin the trek with trip to Jumla (over an hour departure from Kathmandu) or from closer Nepalgunj. Finishing the mountain ways and a few villages we reach the bank of Rara Lake. Albeit more trampled than previously, the way to Rara Lake trek is still without any comfortable service accessible along progressively famous trails. Strategically it's anything but a simple trek; it is difficult to get to and from, and it is a **hierarchical test, requiring educated guides and porters** to tote the two weeks of material that will keep you warm, dry and sustained. **It is likewise hard on the bones, including a few 11,000-foot passes**. In any case, when you conquer the snags, the prizes are army: barely any different trekkers, unique normal quality, "immaculate" villages, and blissfully calm surrounding guaranteeing an unceasing peace serenity and soul.

Rara Lake Trekking – 16 Days

While trekking through around Rara lake you should **be full adequate with fooding, hotel and medical kits as well, since there isn't any convenience** facilities.

Snowy Dream World have composed outings trip in and around Rara Lake since a previous decade; so while you're going with us, you can put all your voyaging stresses very calm and just enjoy the celestial beauty of this great place

Day 01:Arrival at Tribhuban International Airport (T.I.A) and get by our private vehicle and than transfer to the inn

- 1350m
- Three star rated Hotel
- 6-7 km

Welcome to Kathmandu. On entry to Tribhuwan International Airport (TIA), you will meet office delegate from **Snowy Dream World** who will be waiting for you holding your name card with our company name. Then we transfer you to the Hotel and you will take a rest.

Day 02:Full day (6 hrs) guided touring in Pashupatinath, Boudhanath and Patan Durbar Square. Medium-term in Hotel. (B)

- 1400m
- Three star rated Hotel
- Breakfast
- 6 hrs

Full day (6 hrs) guided touring in Pashupatinath, Boudhanath and Patan Durbar Square. Medium-term in Hotel. (B)

Day 03: Fly from Kathmandu to Nepalgunj and check in Hotel (B)

- 165m
- Best Hotel Available
- Breakfast


Fly from Kathmandu to Nepalgunj and check in Hotel (B)

Day 04: Fly Nepalgunj to Jumla (2370m/7773ft) and initiate trek to Uthugaon (2530m/8298ft), 4-5 hrs walk (B, L, D)

- 2530m
- Best Hotel Available
- Breakfast Lunch Dinner


Fly Nepalgunj to Jumla (2370m/7773ft) and initiate trek to Uthugaon (2530m/8298ft), 4-5 hrs walk (B, L, D)

Day 05: Trek to Danphe Lagna (3500m/11480ft), 4-5 hrs walk (B, L, D)

- 3500m
- Best Hotel Available
- Breakfast Lunch Dinner
-  5 hrs

Trek to Danphe Lagna (3500m/11480ft), 4-5 hrs walk (B, L, D)

Day 06: Trek Lagna to Chautha (2770m/9085ft), 5-6 hrs walk (B, L, D)

- 2770m
- Best Hotel Available.
- Breakfast Lunch Dinner
-  6 hrs

Trek Lagna to Chautha (2770m/9085ft), 5-6 hrs walk (B, L, D)

Day 07: Trek to Dhotu (2380m/7806ft), 5-6 hrs walk (B, L, D)

- 2380m
- Best Hotel Available.
- Breakfast Lunch Dinner

-  6 hrs

Trek to Dhotu (2380m/7806ft), 5-6 hrs walk (B, L, D)

Day 08: Trek to Rara Lake (2980m/9774ft), 4-5 hrs walk (B, L, D)

- 2980m
- Best Hotel Available.
- Breakfast Lunch Dinner

-  5 hrs

Trek to Rara Lake (2980m/9774ft), 4-5 hrs walk (B, L, D)

Day 09: Acclimatization day in Rara Lake (B, L, D)

- Best Hotel Available.

- Breakfast Lunch Dinner

Acclimatization day in Rara Lake (B, L, D)

Day 10: Trek to Gorusingha (3190m/10463ft), 5-6 hrs walk (B, L, D)

- 3190m
- Best Hotel Available.
- Breakfast Lunch Dinner

-  6 hrs.

Trek to Gorusingha (3190m/10463ft), 5-6 hrs walk (B, L, D)

Day 11: Trek to Sinja (2440m/8003ft), 5-6 hrs walk (B, L, D)

- 2440m
- Best Hotel Available.
- Breakfast Lunch Dinner

-  6 hrs

Trek to Sinja (2440m/8003ft), 5-6 hrs walk (B, L, D)

Day 12: Trek to Jaljala Chaur (3270m/10725ft), 6-7 hrs walk (B, L, D)

- 3270m
- Best Hotel Available.

- Breakfast Lunch Dinner

-  7 hrs

Trek to Jaljala Chaur (3270m/10725ft), 6-7 hrs walk (B, L, D)

Day 13: Trek to Jumla (2370m/7773ft), 5-6 hrs walk (B, L, D)

- 2370m.

- Best Hotel Available.

- Breakfast Lunch Dinner

-  5-6 hrs.

Trek to Jumla (2370m/7773ft), 5-6 hrs walk (B, L, D)

Day 14: Fly to Kathmandu through Nepaljung (B)

- 1350m

- Three star rated Hotel

- Breakfast

Fly to Kathmandu through Nepaljung (B)

Day 15: Free day in Kathmandu for shopping (B) .

Day 16: Final Departure.

- 1350m

- Breakfast

Today is the final day of our trip. Our agent will drop you Airport 3 hours before your planned flight. Have a nice and safe flight.

Notes:

- **All above trekking hours and distances are approximate and it's absolutely for general ideas only.**
- **The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities**
- **Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assure that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.**

Included in the Cost

- Airport pick up and drop off services - (Airport- Hotel- Airport)
- Kathmandu/Nepalgunj Hotel Room on twin sharing basis with Breakfast (B).
- An experienced and governmental licenced English-speaking trek guide and Sherpa porters to carry luggage including their salary, insurance, equipment, food and lodging.
- Porter 1:2 ratio. 1 porter for 2 people weighing around 15-20 kg of weight.
- Domestic flight from Kathmandu to Nepalgunj to Jumla and flight back to Kathmandu
- First aid kit will be available if necessary.
- Trekking maps.
- Our Company provides Adventure Trekking Certificate.
- Our administration charge and government charges.

Not Included in the Cost

- Food in city like Kathmandu and Nepalgunj.
- Extra Hotel Lodging Charges in Kathmandu because of Early arrive or late departure. early arrive from mountain than our schedule Itinerary
- Tips to Guides and porter
- Additional charge in case of emergency (You must have adequate travel insurance to cover any kind of emergencies, like (ground transportation & Heli rescue/medical/hospitalization. Medical etc).
- Your International flight ticket airfare.
- Chocolates/energy drinks/alcohol/mineral water/cigarettes/packing food /snacks etc.
- Additional medication for altitude sickness (Acetazolamide etc).
- Personal and any other expenses such as Laundry/WIFI on trek/phone call.
- trekking equipment