

Group size:	1+	Max-Altitude:	5106m
Destination:	Nepal	Fitness level:	Challenging
Arrival on:	Tribhuvan International Airport (TIA)	Departure from:	Tribhuvan International Airport (TIA)
Meals:	Breakfast in Kathmandu and all standard meal (Breakfast/Lunch/Dinner) during the Trek		
Best Season:	February-June, September-December		
Accommodation:	3 Star Rated Hotel in Kathmandu with breakfast and Best Tea House available during the Trek.		

Trip Introduction

The **Manaslu Circuit Trek – 15 Days** is a restrictive package that brings trekkers into the pristine Manaslu region. It is considered by many advisers for be the best all-around trek in Nepal and is an incredible option in contrast to the Annapurna Base Camp Trek to beat the crowds. However, it ought to be noticed that it is more challenging than the Annapurna Base Camp Trek.

How is the trail?

The **Manaslu Circuit Trek – 15 Day** joins two regions: **the Manaslu region and Annapurna region**. In the event that you take a gander at a guide, you can see that the trail circumnavigates Mount Manaslu, which stands high at a elevation of **8156 meters**. The trail represents that beautiful magnificence of **Nepal's border with Tibet**. It is wealthy in biodiversity, normal magnificence, and similarly entrancing, social interests. Our the trail starts along the banks of the **Budhi Gandaki River**, alongside rice fields, grazing animals, and adoring locals. Proceeding onward, we climb north towards higher elevation. We pass through Gurung villages, however as we go increasingly elevated, the populace is totally ethnically Tibetan, and even an alternate lingo is spoken. Neighborhood people are Tibetan Buddhist affected and offer splendid accommodation.

A main feature of our Manaslu Circuit Trek – 15 Day is **the Larke Pass (5135 meters)**, which offers rare Himalayan views. It is a touch of an undertaking to get up there, as the pass is normally covered with snow. The glorious perspectives on the high Himalayas, dense forest down underneath, and deep gorges make this trek a unique encounter. This outing is reasonable for the experience seekers or the individuals who are fit and new to trekking however, want to end up enjoying with the mountains.

Outline Itinerary

Day 01: Landing in Kathmandu 1350m/4428ft.

- 1350m
- Three star rated Hotel
- 6-7 km

On landing in Tribhuvan International airplane terminal, you'll be seen by our official agent. Then, transfer to lodging.

Day 02: By Local transport Kathmandu/Arughat 600m-7hrs drive.

- 600m
- Best Tea house Available
- Breakfast Lunch Dinner
- 6-7 hrs.

We have a grand drive from Kathmandu to Arughat, as you reach Arughat where you can see delightful traditional foods and scene around.

Day 03: Trek to Machhi Khola (1,000 m/3,280 Ft and 5-6hrs)

- 1000m
- Best Tea-house Available
- Breakfast Lunch Dinner
- 5-6 hrs

We have simple trekking trail from Soti Khola, going through delightful towns, staggering cascade with stunning scenes to Machhi Khola (A fish river). Overnight stay at hotel.

Day 04: Trek to Jagat (1,410 m/34169 Ft and 5-6hrs.)

- 1410m
- Best Tea house Available.
- Breakfast Lunch and Dinner

- 🚶 5-6 hrs

Today our trek begins after breakfast, along the Budi river of stone shake on the reviver. We are Passing villages Khorla besi, regular hot spring on the way. Then, from the hot spring the trails tenderly move over a scaffold and we see wonderful scene and marvelous mountains see than at last touch base at Jagat, Jagat is beautiful flagstone village square in the town has Police checkpoints and we are entering Manaslu Conservation Area from here, Overnight at hotel.

Day 05:Trek to Deng (2120m/5660ft and 6hrs.)

- 2120m
- Best Tea house Available.
- Breakfast Lunch and Dinner

- 🚶 6hrs

Today is we have a short move up to Yaru beshi than trails jump on stages a cascade. Cross the river on a crooked wooden extension then, after that you stroll through the villages and passing the couples grand and common towns and afterward delicate stroll on a waterway than you are in the Deng, overnight stay at Deng

Day 06:Trek to Namrung(2660m/86,33 ft and 5hrs.)

- 2660m
- Best Tea house Available.
- Breakfast Lunch and Dinner

- 🚶 5hrs

We have a lower trail transcending by stone shake and crossing a suspension bridge, Deng then after crossing the bridge short move up to delicate ascension presently rails constantly into the dense forest of rhododendron, pine, fir and juniper and rhododendron blooming in March/April. Namrung town's lies amidst the green woods with police headquarters for license check, Overnight at Hotel.

Day 07:Trek to Samagaun (3530m/1670ft and 6hrs.)

- 3530m
- Best Tea house Available.
- Breakfast Lunch and Dinner

-  6hrs

Today is a stunning day we will see astounding Mountain View nearer and beautiful scene, massif Manaslu Himalayan range short stroll from Namrung town following couple of hours stroll from the lodging you achieve a waterway which is followed down from Pungyen glaciers. You will follow the informal breakfast trail switch of the river with rising and after that stroll on yak field to Gompa with a mind boggling view on the Himalayas and the small valley. After, having pack lunch and taking photos trek to Samagaun, overnight stay at Samagaun.

Day 08:Acclimatization and rest day

- 3530m
- Best Tea house Available.

- Breakfast Lunch and Dinner

Today we go to visit the huge town Gompa, this Gompa has referred to is neighborhood as Ro. The huge town gompa is obvious out yonder settled against a lush moraine at the furthest end of a valley and afterward the trails to the Lake then we leave lake the trails begin to Manaslu Base Camp.

Day 09:Trek to Samdo (3,740 m/12,270 Ft &4hrs trek)

- 3740m
- Best Tea House Available
- Breakfast Lunch

-  4hrs

Today we begin progressive up on the base of Mt. Manaslu, leading on the south bank of the stream through bushes, beautiful scenes after wooden extension short rise brings Samdo, last village in Manaslu trail before Larkya La Pass, Overnight at hotel.

Day 10:Trek to Dharmsala (4,480 m/14,698 Ft &4-5hrs.)

- 4480m
- Best Tea House Available
- Breakfast Lunch and Dinner

- 🧑‍🦺 4-5hrs

The trail will lead picturesque walk to the Himalayas it passes to continuous up on the infertile region with delightful scene, tremendous perspective on north Manaslu just as glaciers. We are Crossing a few streams on our way and passing the well known old market called Larkey Bazaar. Eastern trail prompting the outskirts of Tibet however we taking southern trail keep-climbing steadily up to Dharmasala, Overnight at Dharmasala .

Day 11:Trek Over Larkya La Pass (5,170 m) at that point drops to Bhimthang (3,890m/12,762ft and 8hrs)

- 5170
- Best Tea House Available
- Breakfast Lunch and Dinner

- 🧑‍🦺 8hrs

Today is a standout amongst the most testing and energizing days of our trek. We begin the trek early morning, rising almost 700m up Larkya La Pass on the rough. As we strolling up we'll see the splendid beautiful shading sunrise over the Himalayas. Larkya La Pass is a difficult and extreme pass however as you move higher, this will be astounded and great by observing the wardrobe view on enormous Himalayas. At the summit, we take photos then we are dropping about 1250m with an incredible view to Himalayan, glacier and shining lake at mid of glacier. Then, as we reach Bhimtang we will have generally good rest in Lodge.

Day 12:Trek to Dharapani (1920 m and 5/6hrs.

- 1920m
- Best Tea House Available
- Breakfast Lunch and Dinner

- 🧑‍🦺 5/6hrs

today we are descending, crossing the couple of villages and more sprinkled with rhododendron and oaks forests we stroll on the north bank as we trek in to tile, we leave the village and cross the Dudh Khola and trek along the waterway dike. Then, trails finishes the clean timberlands to Dharapani, we are currently intersection of the tails and the rest of the trek follows the main long periods of Annapurna circuit trek, Overnight at hotel.

Day 13:Drive to Beshisahar 3hrs.

- Best Tea House Available

- Breakfast Lunch and Dinner

- 3hrs

today we begin our picturesque drive Beshishar after last breakfast in Mountain, 3 hrs drive will presents field view right to Beshishar, overnight at lodging.

Day 14: Drive to Kathmandu 7hrs by local transport.

- 1350m

- Three star rated Hotel

- Breakfast

- 7 hrs

A grand drive from Beshishar to Kathmandu will take 7hrs Kathmandu. At Kathmandu, you will possess free energy for shopping keepsakes for family and companions.

Day 15: Final Departure

- 1350m

- Breakfast

Today is the final day of our trip. Our agent will drop you Airport 3 hours before your planned flight. Have a nice and safe flight. See you next time.

Trip Notes:

- **All above trekking hours and distances are approximate and it's absolutely for general ideas only.**
- **The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities**
- **Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assurance that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.**

Included in the Cost

- Three star rated Hotel in Kathmandu with Breakfast
- All accommodation and meals (Breakfast, Lunch and Dinner) during the trek.
- Transfer by deluxe tourist bus.

- An experienced English-speaking trek guide and Sherpa porters to carry luggage including their salary, insurance, equipment, food and lodging.
- Porter 1:2 ratio. 1 porter for 2 people weighing around 15-20 kg of weight.
- Manaslu conservation area permits and special permits fees
- Annapurna conservation area permit fee
- Sleeping bags and duffel bags, Walking Sticks if necessary in return basis after completion of trek
- First aid kit will be available if necessary.
- Trekking maps.
- Our Company provides Adventure Trekking Certificate.
- Our service charges and government charges.

Not Included in the Cost

- Food in city like Kathmandu and Pokhara.
- Extra Hotel Lodging Charges in Kathmandu because of Early arrive or late departure. early arrive from mountain than our schedule Itinerary.
- Tips to Guides and porter
- Additional charges in case of emergency (You must have adequate travel insurance to cover any kind of emergencies, like (ground transportation & Heli rescue/medical/hospitalization. Medical etc).
- Your International flight ticket airfare.
- Chocolates/energy drinks/alcohol/mineral water/cigarettes/packing food /snacks etc.
- Additional medication for altitude sickness (Acetazolamide etc).
- Personal and any other expenses such as Laundry/WIFI on trek/phone call.
- Personal trekking equipment.
- One-way domestic airfares from Pokhara to Kathmandu. Can be organized at an extra charge USD \$60 only

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