

Group size:	1+	Max-Altitude:	4,812m
Destination:	Nepal	Fitness level:	Moderate
Arrival on:	Tribhuvan International Airport (TIA)	Departure from:	Tribhuvan International Airport (TIA)
Meals:	Breakfast/Lunch/Dinner + Tea or Coffee		
Best Season:	Spring and Autumn		
Accommodation:	3 Star Rated Hotel in Kathmandu Best Tea House available during the Trek.		

Trip Introduction

The Makalu Base Camp Trek takes you on a brave voyage into the core of Mt. Makalu. Remaining **at 8463m, Makalu is the fifth most elevated mountain on the planet** and falls on the eastern district of Nepal.

On our journey to reach the Makalu Base Camp, we will make a **wild trip to explore the timberlands, natural life, culture and geographical scene of the Makalu region.**

Makalu Base Camp Trek is a physically testing trek expecting trekkers to be fit and face the difficulties of climbing hills, crossing waterways and valuing the magnificence of one of the remotest corners of the Himalayas. **Makalu Base Camp Trek(5000m)** offers **heavenly and stupendous views on Everest (8,850m), Lhotse (8,516m), Makalu (8,463m), Chamlang (7,319m) and Baruntse (7,220m)** among others.

The trekking trail somewhat goes through **Makalu-Barun National Park**, one of the freshest and very much protected national park, perceived for its place in worldwide biological hotspot. The recreation center is home to an astounding **3000 species of flowering plants, 440 species of birds, and 75 species of mammals**, including the Snow Leopard, Red Panda, Musk Deer, Wild Boar, Wild Yak and Himalayan Thar.

Makalu Base Camp trek should be possible for any duration dependingt upon the trekking route. The main choice is to drive to **Hile**, trek to **Makalu Base Camp** and after that trek back to Hile and again drive back to Kathmandu from Hile. The second choice is to travel to Tumlingtar, trek to Makalu Base Camp and trek back to Tumlingtar and again fly once again from Tumlingtar to Kathmandu. The third alternative is to either travel to Tumlingtar or drive to Hile, trek to Makalu Base Camp, and after that traverse the Sherpani Col to enter the Everest area. Further you will trek down to Lukla lastly fly out of Lukla back to Kathmandu.

Those with a lot of time for enjoying just as looking for more experience can cross three most elevated passes of the Himalayas, to be specific **Sherpani Col (6135m), West Col (6143m) and Amphu Laptsa (5850m)**. The trek is best drawn closer during Spring (March-May) and Autumn (Sept-Nov) seasons. Our enthusiasm for the Himalayan

experience compliments our group of profoundly experienced and **long experienced trekking guides, sherpas, climbers and porters.**

Outline Itinerary

Day 01:Arrival in Kathmandu

- 1350m
- Three star rated Hotel
- 6-7 km


Welcome to Kathmandu. On entry to Tribhuwan International Airport (TIA), you will meet office delegate from Snowy Dream World who will be waiting for you holding your name card with our company name. Then we transfer you to the Hotel and you will take a rest.

Day 02:Fly from Kathmandu to Tumlingtar (510m.) -45 minutes

- 510m
- Camp
- Breakfast Lunch Dinner

Around the same time, you start your trek from Tumlingtar to Maney Bhanjyang which takes around five and a half hours. The trail climbs entirely through woods of Rhododendrons and Sal trees. On the way you pass a couple of villages. Maney Bhanjyang is a ridge possessed by the ethnic Rai and Limbu people group. It is delicately surrounded by rich green backwoods. Stay overnight at camp in Maney Bhanjyang

Day 03:Trek from Maney Bhanjyang to Chilchile (1830m)-5 hours

- 1830
- camp
- Breakfast Lunch Dinner
-  5 hrs

The trail climbs through timberland of rhododendrons and Sal trees for around three hours where you will at last stroll through a level trail that conveys you to Chilchile. This is a small village for the most part occupied by Brahmins, Gurungs and Chettris. There is a governmental school where local people teach their kids. You will locate some great tea houses around here. Overnight stay at camp in Chilchile.

Day 04:Trek from Chilchile to Num (1500 m.) -5 hours

- 1500m
- camp

- Breakfast Lunch Dinner

-  5 hrs

The trail climbs for around 2 hours and afterward drops by a little perpetual river where you will stroll on a level trail for around one hour to reach Num. Num is a wonderful village which is dabbed with numerous tea houses and furthermore has telephone services. Overnight stay at camp in Num.

Day 05: Trek from Num to Seduwa (1510m.) -5hours.

- 1510m

- camp

- Breakfast Lunch Dinner

-  5 hrs

The trail drops steeply for around 2 and a half hours until you pass to a major stream named Neguwa Khola. The trail cross over the suspension bridge and climbs through backwoods and a couple of traditional villages. Individuals of this zone are for the most part occupied with agriculture and harvests here are paddy, millet, potatoes and vegetables relying upon the season. There is a check post and local office of the Makalu Conservation Area. Overnight stay at camp in Seduwa.

Day 06: Trek from Seduwa to Tashigaon (2070 m.) -4hours.

- 2070m

- camp

- Breakfast Lunch Dinner

-  4 hrs

The trail marginally rises however the significant piece of the climb is level and simple through the shrubs. While strolling, you will see villages at a far separation. Tashigaon, surrounded by verdant woods, is a major Sherpa town. You will discover prayer flags rippling in the breeze murmuring tributes of supplications for the dead and overlooked in and around the village. The outdoors spot in this village is extremely an admirable site. Overnight stay at camp in Tashigaon.

Day 07: Trek from Tashigaon to Khongma la (3560m.) -6 hours.

- 3560m


- camp

- Breakfast Lunch Dinner

-  6 hrs


The trail climbs for the duration of the day and you will stroll through woodland of Rhododendrons and Sal trees until you reach your destination. Kongma la is a ridge and there is just a single tea house here. This is additionally an ideal spot for outdoors. It snows here during the spring a very long time of March and April. Overnight stay at camp in Khongma La.

Day 08: Trek from Khongma la to Mumbuk (3550m.) -7 hours

- 3550m
- camp
- Breakfast Lunch Dinner
-  7 hrs


The trail rises and after that follows a rough way to reach a lovely lake named “Kalo Pokhari” at the stature of 4004 m. Leaving this lake, you go downhill until you reach Mumbuk. It is a tranquil outdoors spot surrounded by green timberlands. Overnight stay at camp in Mumbuk.

Day 09: Trek from Mumbuk to Yangle Kharka (3600m.) -5hours.

- 3600m
- camp
- Breakfast Lunch Dinner
-  5 hrs

The climb today is somewhat bold and strenuous. The trail goes for around 3 hours through a scene which is inclined to avalanches. The Barun River going through the trail adds more measurements to the trek with its fabulous views on Mt. Tutse (Peak 6) 6739m and Peak 7 (6185m.). Overnight stay at camp in Yangle Kharka.

Day 10: Trek from Yangle Kharka to Yak Kharka (4810m.) -6 hours

- 4810m
- camp
- Breakfast Lunch Dinner
-  6 hrs

The trail rises through prairies and timberland. You can enjoy the great peaks, for example, Mt. Tutse (Peak 6) 6739m, Peak 7 (6185m), Isuwa La (5340m) and numerous other anonymous mountains. Yak Kharka is a grazing field. Overnight stay at camp in Yak Kharka.

Day 11: Trek from Yak Kharka to Makalu Base Camp (4812m.) -4 hours.

- 4812m

- camp
- Breakfast Lunch Dinner

-  4 hrs

The climb goes through a level trail and will slide to a perpetual river. As you reach Makalu Base Camp, you will be entranced by the views on Mt. Makalu (8463m), Baruntse (7152m), Kali Himal (6985m), Chamlang (7390m) and Makalu II (7640 m), and so on.

Day 12: A day for rest at Makalu Base Camp. You will appreciate the entire day in the base camp.

- camp
- Breakfast Lunch Dinner

From here you will have dynamite views on various mountains and peaks. You can likewise climb to the Baruntse Base Camp to enjoy the landscape and view what this camp offers.

Day 13: Trek from Makalu Base Camp to Yangle Kharka (3600 m). -5 hours.

- 3600m
- camp
- Breakfast Lunch Dinner

-  5 hrs

After climbing for a couple of hours, the trail moves along a level dimension way and toward the end it descends to reach Yangle Kharka. On the way, you stroll through a rough backwoods way with views on green slopes and tremendous stones at some separation. Overnight stay at camp in Yangle Kharka

Day 14: Trek from Yangle Kharka to Dobato -5 hours

- camp
- Breakfast Lunch Dinner

-  5 hrs

The trail climbs for right around three hours through a similar scene and probability of avalanches. You then, need to trek tough going through wildernesses right to Dobato. This isn't a village yet an outdoors place as it were. Here, you discover little shrubs of rhododendrons.

Day 15: Trek from Dobato to Tashigaon (2070m.) -6 hours.

- 2070m

- camp
- Breakfast Lunch Dinner

-  6 hrs

The trail dives steeply to Khongma la via Kali Pokhari through a thick wilderness. You again stroll along a declining way right to Tashigaon. Overnight stay at camp in Tashigaon.

Day 16:Trek from Tashigaon to Num (1490m.) -5 hours.

- 1490m
- camp
- Breakfast Lunch Dinner

-  5 hrs

The trail steeply descends to start with which changes to a lofty climb before coming to Num. You go through little forests of bamboo and small villages.

Day 17:Trek from Num to Maney Bhanjyang (1158m.) -5 hours.

- 1158m
- camp
- Breakfast Lunch Dinner

-  5 hrs

The trail climbs by beginning through the backwoods and will delicately slip in the second 50% of the day. Overnight stay at camp in Maney Bhanjyang.

Day 18:Trek from Maney Bhanjyang to Tumlingtar-5 and half hrs

- camp
- Breakfast Lunch Dinner

-  6 hrs

Trek from Maney Bhanjyang to Tumlingtar takes around five and half hours. Overnight stay at in Tumlingtar

Day 19:Fly out from Tumlingtar to Kathmandu

- camp
- Breakfast Lunch

Day 20:Final Departure

- 1350m

- Breakfast

Today is the final day of our trip. Our agent will drop you Airport 3 hours before your planned flight. Have a nice and safe flight. See you next time.

Notes:

- **All above trekking hours and distances are approximate and it's absolutely for general ideas only.**
- **The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities**
- **Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assure that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.**

Included in the Cost

- Airport pick-up and drop-off service.
- 2 nights' Accommodation service in Three star rated Hotel with Twin sharing Basis
- All accommodation and meals (Breakfast, Lunch and Dinner) during the trek .
- 1 Cook and 1 kitchen supporter/s as per group size
- Required kitchen utensils
- Cooking fuel and lighting service
- Required portage service to carry tents, food stuffs, fuels & kitchen utensils and necessary tent and equipment
- All Camping Charges.
- Makalu Region permit
- An experienced English-speaking trek guide and Sherpa porters to carry luggage including their salary, insurance, equipment, food and lodging.
- 1 Assistance Guide who support to pitch tents and guarding camp at night
- Porter 1:2 ratio. 1 porter for 2 people weighing around 15-20 kg of weight.
- Sleeping bags and duffel bags, Walking Sticks if necessary.
- First aid kit will be available if necessary.
- Trekking maps.
- Our Company provides Adventure Trekking Certificate.
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Not Included in the Cost

- Food in city like Kathmandu and Pokhara.
- Extra Hotel Lodging Charges in Kathmandu because of Early arrive or late departure. early arrive from mountain than our schedule Itinerary.
- Tips to Guides and porter.
- Additional charges in case of emergency (You must have adequate travel insurance to cover any kind of emergencies, like (ground transportation & Heli rescue/medical/hospitalization. Medical etc).
- Your International flight ticket airfare.
- Chocolates/energy drinks/alcohol/mineral water/cigarettes/packing food /snacks etc.
- Additional medication for altitude sickness (Acetazolamide etc).
- Personal and any other expenses such as Laundry/WIFI on trek/phone call.
- Personal trekking equipment.