

Group size:	Group Joining	Max-Altitude:	8516 m
Destination:	Nepal	Fitness level:	Adventurous
Arrival on:	Tribhuvan International Airport (TIA)	Departure from:	Tribhuvan International Airport (TIA)

Trip Introduction

Lhotse is a part of the Mount Everest massif. The name of Lhotse comes from Tibet, and its translation means “the South Peak”. It is comprised of three prominent peaks- the main summit which is 8,516 meters, the **Lhotse East** with elevations of 8,414 meters and the Lhotse Shar at 8,383 meters. **Lhotse** is a popular alternative to Mount Everest and shares much of the same route as Everest. It lies on the border between Tibet and the Khumbu region and was first climbed by the members of the Swiss mountaineering and Expedition team- Ernst Reiss and Fritz Luchsinger in 1956.

They climbed the main summit of **Lhotse**. On 1970, Sepp Mayerl and Rolf Walter of Austria made the first ascent of **Lhotse Shar**. **Lhotse Middle** however, remained unclimbed for a long time, until in 2001- its first ascent was made by Eugeny Vinogradsky, Sergei Timofeev, Alexei Bolotov and Petr Kuznetsov of a Russian expedition. The **Lhotse Face** is often described as ‘a wall of glacial blue ice’, and the Swiss superstar climber Ueli Steck has also described the bustling atmosphere of the mountain settlements as being, quote- ‘like Hollywood’. A glacier also originates from the **Lhotse Shar** and adjoins with the Imja Glacier.

Snowy Dream World Treks & Expeditions has designed this **Mt Lhotse Mountain Expedition** itinerary. For the interested clients who would like to summit a **Mt. Lhotse**. It is best mountain to climb if you want. We will provide you warm and good hospitality. Where your climbing will be remarkable for your life time. You can find more about it in web pages.

Mt. Lhotse

It is the fourth highest mountain in the world at 8,516 metres (27,940 ft), after [Mount Everest](#), K2, and Kangchenjunga. Part of the Everest massif, **Lhotse** is connecte to the latter peak via the South Col. Lhotse means “South Peak” in Tibetan. In addition to the main summit at 8,516 metres (27,940 ft) above sea level. The mountain comprises the smaller peaks **Lhotse Middle** (East) at 8,414 m (27,605 ft), and Lhotse Shar at 8,383 m (27,503 ft). The summit is on the border between China, Tibet and the Khumbu region of Nepal.

For more information, Please [CONTACT US](#)

Outline Itinerary

- **Day 01** :Arrival in Kathmandu [1345m] and transfer to hotel.

- **Day 02** :Briefing and introduce
- **Day 03** :Trip preparation,
- **Day 04** :Fly to Lukla then start trekking to Phakding,
- **Day 05** :Phakding to Namche Bazaar,
- **Day 06** :Rest and acclimatization
- **Day 07** :Namche to Tangboche,
- **Day 08** :Thangboche to Dingboche,
- **Day 09** :Rest and acclimatization,
- **Day 10** :Dingboche to Lobuche,
- **Day 11** :Lobuche to Everest Base Camp,
- **Day 12** :Re-trek down to Pheruche,
- **Day 13** :Pheruche to Lobuche,
- **Day 14** :Lobuche to Gorakhshep,
- **Day 15** :Gorakhshep to Everest Base Camp,
- **Day 16** :Lhotse climbing periods,
- **Day 17** :Lhotse climbing periods,
- **Day 18** :Lhotse climbing periods,
- **Day 19** :Lhotse climbing periods,
- **Day 20** :Lhotse climbing periods,
- **Day 21** :Lhotse climbing periods,
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- **Day 23** :Lhotse climbing periods,
- **Day 24** :Lhotse climbing periods,
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- **Day 46** :Lhotse climbing periods,
- **Day 47** :Lhotse climbing periods,
- **Day 48** :Lhotse climbing periods,
- **Day 49** :Lhotse climbing periods,
- **Day 50** :Re-trek down to Pheruche,
- **Day 51** :Trek down to Namche,
- **Day 52** :Trek down to Lukla,
- **Day 53** :Fly to Kathmandu,
- **Day 54-55: free days in Kathmandu, :**
- **Day 55** :Farewell

Notes:

- All above trekking hours and distances are approximate and it's absolutely for general ideas only.
- The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities
- Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assurance that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.