

Group size:	1+	Max-Altitude:	2900 m
Destination:	Nepal	Fitness level:	Moderate
Arrival on:	Tribhuvan International Airport (TIA)	Departure from:	Tribhuvan International Airport (TIA)
Meals:	Breakfast in Kathmandu and Pokhara and All standard meals (B+L+D) during the Trek		
Best Season:	March - June & Sept – December.		
Accommodation:	Three star rated Hotel in Kathmandu and Pokhara and Best lodge/Tea house Available during the Trek.		

Trip Introduction

Jomsom Muktinath Trek – 13 Days is another great short trekking destination in Mustang region of Nepal which is arranged at the northern piece of Nepal, this trek is one of the exemplary trekking routes in Annapurna region which gives a rousing Himalayan mountains view on **Annapurna range and Dhaulagiri range**.

The **Jomsom Muktinath Trek** takes you to the Kaligandaki Rivers (the deepest gorge on the planet) valley up to the Kagbeni village after a beautiful mountain departure from Pokhara to Jomsom. **Jomsom is the portal to Muktinath** just as Upper Mustang valley treks. After 25 m awesome mountain trip than our wonderful trekking begins from here towards **Kagbeni village** where trails have connected far up to **Upper Mustang and Muktinath**, following day our climbing goes towards Muktinath area which is most **famous Buddhist and Hindu pilgrimage spot of Nepal**.

This trek reveal a dynamite decent variety and culture of Nepal, offers amazing encompassing splendid Annapurna Himal grasp a wide range of Annapurna valley. The adventure goes subtropical rich woods to a high, dry landscapes looking like Tibetan level high mountains, as we reach Muktinath we visit **108 water sprouts taps**. Every one of them pass from natural spring water each year a huge number of pilgrimages come to visit here; it is believed that **taking bath here will get rid of the all sins**. subsequent to visiting an energizing Muktinath temple. Then, we dive through the **Jomsom, Marpha, Tatopani (hot spring), Ghorepani, Tikhedunga, Nayapul and lead back to Pokhara**. While trekking around there, you will become more acquainted with the lavishness of culture and different group of Himalayan people and their lifestyle with moving views on Snowy-capped Mountain just as sublime landscapes en route back.

Jomsom Muktinath trek route is shaped by Annapurna Conservation Area project(ACAP) of Nepal, considering as tremendous holly trip in Himalaya region with huge landscape.

Day 01:Landing in Kathmandu 1350m/4428ft.

- 1350m.
- Three star rated Hotel.
- 6-7 km.

Upon your landing in Tribhuvan International airplane terminal, You will be invited by the Snowy Dream World staff and drop you to your Hotel, overnight stay at the lodging.


Day 02:Kathmandu – Pokhara 850m/2788ft-7hrs drive

- 850 m
- Three star rated Hotel.
- Breakfast
- 6-7 hrs.

our guide and porter will come to get you at your Hotel and you will tail them to take a transport at a transport station, this day you have the beautiful drive to Pokhara. Then overnight stay at Hotel.

Meal Included: Breakfast(B)


Day 03:Pokhara – Tikhedunga 1210m/3800ft-4hrs Trek.

- 1210m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  4 hrs

The main day of your trek is a simple and short walk beginning from Nayapul to Tikhedunga. The trail comes the Burungdi River with grand view, passing paddy fields, villages of Birethanti and Ramgai, touching base at Tikhedunga. Toward the evening you can explore the village while overnight stay.

Administration Included: Breakfast, Lunch, Dinner, and Lodge (B+L+D)


Day 04:Tikhedunga to Gorepani 2850m/9348ft-6hrs Trek.

- 2850m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  6 hrs

Today is a tough day of your trek climbing to uphill, As you trek along delightful view and pass through run of the mill villages, wide landscapes, crossing suspension bridges and ascending to Ulleri. From Ulleri, the trail takes you through a lavish green forests where you may see wild creatures and beautiful birds before coming to Ghorepani. From Ghorepani, you will see the lovely Himalayan range, overnight stay at hotel.

Meal Included: Breakfast, Lunch, Dinner, and Lodge (B+L+D)


Day 05:Gorepani to Tatopani (1200m/3940ft 4/5 hrs, early morning climb to Poon Hill (3,210 m/10,525 ft) ¾ hr

- 3210m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  4-5 hrs

Today we have an ambitious start of the day as we start before sunrise to climb Poon Hill so as to view the sunrise top on the Himalaya. The grand all encompassing view from Poon Hill includes Dhaulagiri, Nilgiri, the Annapurna and significantly more. After getting a charge out of the perspectives, we come back to our hotel for a healthy breakfast and after that follow a lovely woodland trail through rhododendron and villages with terraced farmland to in the long run cross the Kali Gandaki river and touch base at Tatopani with adjacent hot springs where we take a dip and enjoy the warmth, Overnight at Lodge.

Meal Included: Breakfast, Lunch, Dinner, and Lodge (B+L+D)


Day 06:Tatopani to Ghasa (1,190 m/3,900 ft) – 5 hrs trek.

- Best Tea-house Available
- Breakfast Lunch Dinner
-  5 hrs.

The wonderful route travels north as we follow upriver in the Kali Gandaki valley. We take the risk to explore recently created trails from the engine street. We will go through grand farmland with country villages encompassed by terraced fields. We are climbing up the world's deepest crevasse(gorge), with Dhaulagiri, world's seventh highest peak on one side, and Annapurna I, the tenth most elevated on the other. We climb up to the quiet village of Ghasa, predominantly populated by Thakali individuals of this region, Overnight at Lodge.

Meal Included: Breakfast, Lunch, Dinner, and Lodge (B+L+D)

Day 07:Ghasa to Tukche(2,510 m/8,550 ft) – 5hrs trek

- 2510m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  5 hrs

Today we proceed with our adventure up the Kali Gandaki. We go through serene woods to the huge settlements of Lete and Kalapani and as we proceed with the adventure north, the domain turns out to be discernibly drier and the lavish vegetation and forests offer route to the more desert-like landscape. The lifestyle, as well, starts to transform from the marsh Hindu style practices to a Buddhist lifestyle. Tukche is a picturesque village with encompassing plantations and a monastery. The local brandy from Tukche is famous all through Nepal and a hit with many trekkers, Overnight at Lodge.

Meal Included: Breakfast, Lunch, Dinner, and Lodge (B+L+D)


Day 08:Tukche to Kagbeni (2,900 m/9,500 ft) - 5 hrs trek

- 2900m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  5 hrs

We pass through the grand village of Marpha, well known as a component of the Annapurna Circuit for its crusty fruit-filled treats before street assembling significantly diminished the travel industry. We enjoy exciting views on the encompassing peaks and life-changing scene, Jomsom is the next village and region central command of Mustang. The course after follows wonderfully up the bone-dry valley of the Kali Gandaki river to the fortress of Kagbeni, an old exchange post with a Buddhist monastery, as well. Kagbeni is only south of the confined zone of Upper Mustang, Overnight at Lodge.

Meal Included: Breakfast, Lunch, Dinner, and Lodge (B+L+D)


Day 09:Kagbeni to Muktinath (3,855 m/12,635ft) 3 hrs trek.

- 3855m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  3 hrs

We will make an energizing adventure up the valley toward the incredible Thorung La pass. We are on the world-well known Annapurna Circuit however the vast majority endeavor the go from the other bearing. We make a picturesque move up the Jhong River valley with glorious landscape along the route. The trail passes antiquated villages while on the way to Muktinath, a temple that has for some time been a journey destination for Hindus and Buddhists alike. The temple's walled complex has a Buddhists monastery and Hindu hallowed places, 108 washing gushes and even an 'endless fire, Overnight at Lodge.

Meal Included: Breakfast, Lunch, Dinner, and Lodge (B+L+D)

Day 10:Muktinath to Jomsom (2,720 m/8,915 ft) 5hrs trek.

- 2720m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  5 hrs

We have achieved our last day on the trekking trails. The adventure heads down the valley as we lose height and bit by bit rejoin the Kali Gandaki River valley base and the trail back to Jomsom. Jomsom's market region may appear to be a major change from the peaceful trails and villages that we have visited. Rest and refresh at the hotel or explore Jomsom bazaar, Overnight at Lodge.

Meal Included: Breakfast, Lunch, Dinner, and Lodge (B+L+D)

Day 11:Early morning fly to Pokhara (820 m.)

- Best Tea-house Available

- Breakfast Lunch Dinner

We leave Mustang today and will have an early morning trip back to the Kali Gandaki Valley's southern area. The grand flight returns us to Pokhara. Then, you can explore the beautiful city Pokhara. The remainder of the day is yours to enjoy in the heavenly city and maybe go gift shopping or simply unwind in the traveler sanctuary, overnight stay at Hotel close Lakeside.

Meal Included: Breakfast, Lunch, Dinner, and Lodge (B+L+D)

Day 12: Pokhara – Kathmandu 7hrs by drive or 30minute flight.

- 1350m
- Three star rated Hotel
- Breakfast Lunch Dinner
- 6-7 hrs

A picturesque drive from Pokhara to Kathmandu will take between 7/8hrs from Pokhara to Kathmandu. At Kathmandu, you will possess free time for shopping gifts for family and companions.

Day 13: Departure/Farewell

- Breakfast

Today is the final day of our trip. Our agent will drop you Airport 3 hours before your planned flight. Have a nice and safe flight. See you next time.

Trekking with **Snowy Dream World Treks** will be surely and experience of a lifetime, our expert and experienced group will concentrate on your abnormal state of fitness and safety all through the trek, come and find the amazing Himalayas Now. For more Inquiry, [Click Here](#)

Notes:

- **All above trekking hours and distances are approximate and it's absolutely for general ideas only.**
- **The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities**
- **Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assurance that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.**

Included in the Cost

- Accommodation in Kathmandu and Pokhara.

- Flight from Jomsom-Pokhara
- All accommodation and meals (Breakfast, Lunch and Dinner) during the trek.
- Transfer by Kathmandu to Pokhara by deluxe tourist bus.
- An experienced English-speaking trek guide and Sherpa porters to carry luggage including their salary, insurance, equipment, food and lodging.
- Porter 1:2 ratio. 1 porter for 2 people weighing around 15-20 kg of weight.
- Sleeping bags and duffel bags, Walking Sticks if necessary.
- First aid kit will be available if necessary.
- Trekking maps.
- Our Company provides Adventure Trekking Certificate.
- Our administration charge and government charges.

Not Included in the Cost

- Food in city like Kathmandu and Pokhara.
- Extra Hotel Lodging Charges in Kathmandu because of Early arrive or late departure. early arrive from mountain than our schedule Itinerary.
- Tips to Guides and porter.
- Additional charges in case of emergency (You must have adequate travel insurance to cover any kind of emergencies, like (ground transportation & Heli rescue/medical/hospitalization. Medical etc).
- Your International flight ticket airfare.
- Chocolates/energy drinks/alcohol/mineral water/cigarettes/packing food /snacks etc.
- Additional medication for altitude sickness (Acetazolamide etc).
- Personal and any other expenses such as Laundry/WIFI on trek/phone call.
- Personal trekking equipment.
- Two-ways domestic airfares from Pokhara to Kathmandu. Can be organized at an extra charge USD \$130 only.

Note:

Above the information is for a guide and standard pattern of what basically, we provide. the trip can be customized at your request and interests to accommodate your specific requirements.