Group size:	1+	Max-Altitude:	6189 m.
Destination:	Nepal	Fitness level:	Challenging
Arrival on:	Tribhuwan International Airport (TIA)	Departure from:	Tribhuwan International Airport (TIA)
Meals:	Breakfast/Lunch/Dinner + Tea or Coffee		
Best Season:	Oct - June		
Accommodation:	3 Star Rated Hotel in Kathmandu Best Tea House available during the Climbing		

Trip Introduction

Island Peak Climbing or Imja Tse peak 6189m/20305ft is one of the mainstream climbing Peak of Everest area. Everest base camp and Kalapathar trek 5555m is prescribed before going to Island peak. The peak was named Island peak in 1951 AD by Erick Shipton since it shows up as an island in an ocean when seen from Dingboche. The pinnacle was later named Imja Tse yet Island Peak remains a well known decision. Perspective on the mountains for the summit are, Kusum Kanguru 6382m, Thamserku 6608m, Kangtega 6782m, Ama Dablam 6812m, Lobuche East 6119m, Makalu 8485m, Kwangde Peak 6011m, and Everest 8848m. Island Peak climbing with Everest Base Camp Trek is a fantastic experience in the Himalayas of Nepal.

This peak is fascinating to climb since you can trek up to the principal camp and goes to the crampons point crossing chasm by stepping stool just as a section where you can jummer and slopes strolling. **Island Peak Climbing** can be the prologue to moving in Himalaya, the peak does not require propelled specialized mountaineering aptitudes, fundamental hiking abilities and great physical will be a great idea to climb the pinnacle. In addition, our climbing guide will train and facilitate you on security measure, gear, climbing procedure and lead you to the summit. For more information please <u>CONTACT US.</u>

Outline Itinenary

- Day 01: Pick up at Tribhuvan International Airport (TIA) 1310m, Transfer to hotel, BB plan.
- Day 02: Kathmandu- Lukla Flight 35min, Trek to Phakding 2610m 2/3 hrs stay at Lodge.
- Day 03: Phakding to Namche Bazaar 3440m 5/6 hrs stay at Lodge.

- **Day 04**: Acclimatization Day in Namche Bazaar hike to Everest viewpoint 3880m (Khumjung/Khunde Sherpa village) back to Namche stay at Lodge.
- **Day 05**: Trek to Tengboche (3,867m):
- Day 06: Trek to Pheriche (4,371m):
- **Day 07**: Trek to Lobuche (4910m):
- Day 08 :Trek to Gorakshep (5164m):
- **Day 09**: Trek to Dingboche (4,530m):
- Day 10 :Trek to Chhukhung:
- **Day 11**: Trek to Island Peak Base Camp (6189m):
- Day 12 :Trek to High Camp:
- Day 13 :Trek to Summit Back to Base Camp:
- Day 14 :Trek to Khumjung:
- Day 15: Trek to Namche Bazaar (3440m):
- Day 16: Trek Lukla (2850m):
- **Day 17**: Fly back to Kathmandu:
- **Day 18**: Free day in Kathmandu:
- Day 19 :Departure:

Notes:

- All above trekking hours and distances are approximate and it's absolutely for general ideas only.
- The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities
- Your safety is our supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assurance that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.