# **Everest Gokyo Lake Trek.**

Everest Gokyo Lake Trek is a standout amongst the most courage and less crowded trekking trip in Khumbu region of Nepal, this trekking is an alternative route to Everest Base Camp trek. Everest Gokyo Lake treks offer the staggering mountains views including world highest peak mt. Everest, typical Sherpa culture, pleasant Gokyo Valley, the tradition of Sherpa people group, old monasteries, scene and greenery fauna.

Everest Gokyo Lake Trek - 12 Days visit brings us through the amazing Sherpa villages of Phakding, Namche, Dole, Gokyo with sensational views on the northwest front of Everest, set among other mighty peaks of Everest run alongside the biggest and deepest glacier on the planet the Ngozumpa glacier and Khumbu glacier. Another intriguing feature of this trek is delightful ice lake which is outstanding as Gokyo Lake situated at 4757m.

While trekking in this lovely region we have a brilliant chance to produce the experience of the wonderful spot of Khumbu valley, Sherpa people and pleasing scenery of nature, considering Gokyo valley trek is a standout amongst the best trekking destinations in the world,thatswhy twenty thousand people visit this place. As we making an energizing climb to Gokyo - Ri (5,357m) at that point we can get 360\* stupendous views on Himalayas go from here like Everest (8848m), Makalu (8,481m), Lhotse (8516m), Cho-yu (8201m) and many encompassed peaks. Than trail goes consistently downwards Machhermo, Namche, Manjo, Lukla and return a grand trip to Kathmandu. Trekking to Gokyo Valley region is considered as moderate and requires a perfect physical wellness level.

Everest Gokyo Lake Trek - 12 Days schedule can be planned by our expert group of Snowy Dream world considering as the best trek itinerary for our customers as indicated by your time and spending plan. Snowy Dream World group will ensure to guarantee your safety, security and fulfill amid the trekking in Nepal mountain with us.

# **Trip Facts:**

Trip Region: Everest RegionTrip Duration: 12 days

Best season: March - June & Sept – December.

Starting point: Lukla
Ending point: Lukla
Highest altitude:5360m

➤ Accommodation: Best lodge/Tea house /Three star rated Hotel available.

Meals: Breakfast, Lunch and Dinner during the trek

Grade: Moderate to Adventurous

> size: 2 to 12

An exciting mountain flight of Kathmandu / Lukla.

Namche Bazaar, the gateway of Mt. Everest

> Sherpa culture and lifestyle in Khumjung

Scenic flight to and from Lukla.

- > Experiencing life as the "mountain people" live, in the heart of Himalaya
- > The world's highest airport.
- Sherpa land and culture
- Peaceful Gokyo lake and mountain views
- ➤ Shot Hiking to Gokyo- Ri (5483m/17984ft)
- > Stunning mountain views of Mt Everest, Mt Lhotse, Mt Makalu, Mt Cho Oyou etc.
- Visit sir. Adman Hillary's fundation at Khumjung and Khunde.

# **Cost Info:**

#### **Cost Includes:**

- Airport pick up and drop off services (Airport- Hotel- Airport)
- 2 nights' Accommodation service in Kathmandu.
- All accommodation and meals (Breakfast, Lunch and Dinner) during the trek.
- > Transfer both two ways flight Kathmandu to Lukla and Lukla to Kathmandu.
- An experienced and governmental licenced English-speaking trek guide and Sherpa porters to carry luggage including their salary, insurance, equipment, food and lodging.
- Sleeping bags and duffel bags, Walking Sticks in return basis, if necessary.
- First aid kit will be available if necessary.
- > Trekking maps.
- Our Company provides Adventure Trekking Certificate.
- Our administration charge and government charges.

# The Trip Cost Excludes:

- Food in city like Kathmandu and Pokhara.
- Extra Hotel Lodging Charges in Kathmandu because of Early arrive or late departure. early arrive from mountain than our schedule Itinerary.
- > Tips to Guides and porter.
- Additional charge in case of emergency (You must have adequate travel insurance to cover any kind of emergencies, like (ground transportation & Heli recue/medical/hospitalization. Medical etc).
- Your International flight ticket airfare.
- Chocolates/energy drinks/alcohol/mineral water/cigarettes/packing food /snacks etc.
- Additional medication for altitude sickness (Acetazolamide etc).
- Personal and any other expenses such as Laundry/WIFI on trek/phone call.
- > trekking equipment

# **Outline Day to Day Itinerary:**

#### Day 01: Arrival at Kathmandu 1350m/4428ft.

Upon your landing in Tribhuvan International air terminal, you will be seeing our representatives and transfer to your lodging for your overnight stay at best possible available Hotel.

## Day 02: Fly from Kathmandu to Lukla

We have an aerial trip to Lukla about 35minute. We are presently in the place where there is Sherpa; we meet and present our team who will carry your baggage's whole your trek. The trail goes proceed with the Dudh Koshi River, going through the Sherpa villages of Chhupulung, Ghat and after that reaches Phakding. The trail offers some astonishing and fascinating views of mountains and wonderful scenes where you will see Tibetan words carved in rocks and multicolor Buddhist flags are sticking around the mani walls it makes the trek all the more energizing, Overnight at lodge.

#### Day 03: Trek to Namche 3,450m/11,315ft-6hrs.

Today we head off from Phakding than after the grand trail will proceed with Dudhkoshi River, we are climbing through rhododendron, giant fir, Himalayan pine and cedar woods seeing first wonderful mountain of Kusum kangaroo and Thamserku. The trail is blossoming. We cross the high suspension bridges and after that we are while moving through the thick forest than pass the view where we can see Mt. Everest first. As you arrive Namche Bazaar, a town with set in a field with seeing wonderful mountains surrounding the village. At the evening you can visit the market to explore the views around.

## Day 04: Rest and acclimatization.

We will take breakfast and whole day explore the places. Namche Bazaar is the biggest Sherpa Town where you can access with banks, ATM, Post office, Stores, numerous shops, digital café and a colourful market. Also, you can make a short hike up to Khumjung from where you can enjoy spectacular views of the mountains. Then, the trail reaches to Sagarmatha National Park where you can enjoy the dazzling views of sunrise over the Himalayas including Mt. Everest, Lhotse, Nuptse, AmaDablam, Thamserku, Kongde etc. After you can stroll to Khumjung village and visit the Hillary School and a monastery.

## Day 05: Trek to Dole 4200m/13755ft- 4hrs walk.

After having breakfast at Namche bazzar our step up to Dole gives us an amazing view in transit, strolling through the Sherpa towns seeing wonderful mountains and experience the wild flora and fauna, Danfe – the national bird of Nepal, Himalaya's Tahr, Deer, Imepeyan to Kyanjunhgma. Turning left, we rise to Mong La with perspectives on Tyangboche mnasteryy and Mt. Ama Dablam. We decending through the pine and giant fir forest we reach at Phorte and moving up takes you to Dole.

#### Day 06: Trek to Machhermo 4470m/14660ft- 4hrs walk.

Heading up from Dole the trail proceeds slowly up a barren land and Yak grazed land going through the coffee shop and guesthouse in transit, where we get a chance to see a spectacular view above 8000m peaks of Mt. Cho Oyu8200m/26895ft and various of other snow-topped mountains encompassing us. We stroll along the Dudh Kosi River for a while and the trail conveys you to Machhermo. This town is little and quiet with stunning landscape, where are 6 occasional lodges and one Hospital for traveler's.

#### Day 07: Trek to Gokyo 4790m/15710ft- 4/5 hrs.

The paths will proceed through the Sherpa villages and the short climb up to the ridge, then the way goes on the level for short ascending up stone-stair along the river to terminate of Nagzumba glacier moraine. Here we climb this, as we passage the bridge then we will see the first lake in Everest Region, walking through a trail, after a few minutes' walks we will other lovely second lake for us.

Then lastly reach are here at Gokyo lake which is situated at 4750 meters above sea level. This lake is third lake called Gokyo Lake, largest and gorgeous lake among other lakes. The settlement is next to the lake after lunch we walk around the Gokyo, Overnight at lodge.

#### Day 08: Summit of Gokyo Peak 5360m/17580ft- trek to Machermo 5/6hrs walk.

Today is the energizing day of our entire trek. We begin our trek in early morning passing the streams, then climb up 2 hrs to reach up to a summit of Gokyo Peak. This is a strenuous and astounding climb. While moving up on ridge, the trail gives eminent astounding views on the Himalayas and biggest Nagzumba glacier which is the biggest Glacier on the planet, From this top we can see an breathtaking sunrise view over the Majestic Khumbu Himalaya's including 4 of the 8000m, for example, mighty Mt. Everest, Cho Oyu, Makalu, Lhotse and various different tops with massive Gokyo valley. We take photos than we follow to Gokyo.

## Day 09: Machermo to Namche 3,450/11,315 ft 6hrs.

Our trail leads steep downhill through the delightful Sherpa towns again and we get the bank into Dudkosi River then after passage the river, the trail goes in the backwoods via Dingboche after that climbing to Tengboche. And decending through the rhododendron timberland cross the river keeps on approaching Kanjuma then simple stroll with incredible views on Ama Table to Namche Bazaar.

#### Day 10: Namche to Lukla 2,850m/9,350ft-6hrs.

Everest Base Camp treks finishes up with a strolling back to Lukla, as the trail leads on a similar route following delicate way past Jorsalle, Benker, Phakding and Ghat towns with a ascend to reach Lukla, where you can appreciate each other's on the last night in Everest region.

## Day 11: Fly Lukla to Kathmandu 35minutes.

Early morning you will be taken to Lukla air terminal for short trip to Kathmandu with breathtaking picturesque areal views of white and green mountains.

## Day 12: Departure.

Today is the final day of our trip. You will never forget the lifetime experience and those momentum. On that day, our agent will drop you to the Airport 3 hours before your planned flight. We wish for your safe and great flight. Hope See you next time.

**Please Note:** The cloud and turbulent weather is a regular phenomenon along the Himalayan range. It is thus possible that domestic flights from Kathmandu to/from Lukla may have to be delayed for a few hours or even cancelled for a day or more. Fortunately, this does not happen frequently during the high seasons of March to May or September to November: but you need to plan for this possibility.

As a safeguard, we recommend that you add on a couple of extra days after your trek before you fly from Kathmandu to your onward destination.