Group size:	1+	Max-Altitude:	7129 m
Destination:	Nepal	Fitness level:	Moderate to Adventurous
Arrival on:	Tribhuvan International Airport (TIA)	Departure from:	Tribhuvan International Airport (TIA)
Meals:	Breakfast in Kathmandu and All standard meals (B+L+D) during the Trek and Climb.		
Best Season:	Spring and Autumn		
Accommodation:	Best lodge/Tea house /Camping		

## **Trip Introduction**

# Baruntse: 7000 meter peak climbing expedition in Nepal

Baruntse expedition is an exciting adventure for climbers wishing to summit 7000 metre peak in remote region of Nepal. It offers a tremendously rewarding climb among the world's highest peaks. Baruntse Peak at 7129 metres is located just south of the semi-circle of fantastic mountains. Which comprising Everest, Lhotse and Nuptse and Makalu on the other side. The expedition to Baruntse peak approaches base camp through the pristine wilderness environment of the Hinku valley and the renowned Mera La of Makalu Barun remote valleys of Nepal. Although exciting and challenging, this climbing expedition is considered to be one of the easier climbs of a 7000+ metre peak. Importantly it boasts of a high success rate of scaling the summit and returning safely. From base camp to the western col with its huge glacial plateau, everything will make your ascent challenging and inspiring.

Although its altitude is less than neighbouring mountains, you will be in the very heart of the mighty Himalayan peaks. Obviously in front of you the famous Lhotse south face and not far away the stunning Makalu west pillar. Taking part in the **Baruntse climbing** involves using many of the varied skills needed for climbing any 8000 metre peaks. No doubt it offers the ideal training of peak climb before embarking on any of the 8000 metre peak expeditions in the Himalayas. The steep sections of ice at 50 degrees and a prominent ice cliff at about 7000 metres, make the South-East Ridge of Baruntse demand respect and great effort to succeed in the final push to the summit.

# **Best time to climb Baruntse**

October and November in autumn season and April and May in spring season are best period to organize **Baruntse expedition**. Weather and snow condition usually remain favorable for climbing during these months.

Snowy Dream World Treks & Expedition offers all the support you need to make **Baruntse expedition** successful. Our experienced climbing guides/ Sherpa, who are in mountaineering for more than a decade, will lead the expedition. We normally provide one climbing guide/Sherpa per climbing member for Baruntse expedition. You will have plenty of time to learn mountaineering skills in the Base Camp that will be useful for you to make a successful attempt of the Baruntse summit. All precautions, possible dangers and tackling measures will be discussed at Base Camp.

# Climbing Route, base camp and safety back up

This **Baruntse expedition** itinerary has been being carefully designed so all expedition members have proper acclimatisation. Further more sufficient stamina and skill required to cope with the necessary climbs to summit push. Additionally we also organise special refreshment climbing training course at base camp. Where all the expedition members can practice and upgrade their skills to ensure a safe and rewarding climb. We set up our base camp at 5300 metres where our expedition cooks prepare all the necessary substantial meals. Our experienced climbing guides set up higher camps at 6400 metres and 6800 metres. We fix ropes to make the summit push safe and secure. We have medically trained guides with a comprehensive medical kit, Oxygen cylinder, a Portable Altitude Chamber, satellite phone and walkie-talkie as a safety back-up throughout the duration of our **Baruntse expedition**.

For more information please **CONTACT US**.

### **Outline Itinenary**

- Day 01: On arrival in Kathmandu meet our staff for transfer to hotel
- Day 02-03: Two Days in Kathmandu preparation for Mt. Baruntse Expedition :
- **Day 04**: Fly to Lukla 2,820 m (30 mins flights) and trek to Chutanga 3,430 m (30 mins flight) with 4 hrs walks)
- Day 05 :At Chutanga rest day for acclimatization
- Day 06: Trek to Thuli Kharka 4,300 m 06 hrs.
- Day 07: Trek to Mousum Kharka 3,430m 04 hrs.
- Day 08 :Trek to Tagnag 4,360 m 05 hrs

- Day 09: Rest day at Tagnag for acclimatization.
- Day 10 :Trek to Khare 5,000 m near Mera-La near Mera Peak Base Camp 04 hrs
- Day 11 :Trek to Upper Hongu Valley 5,000m 05 hrs.
- Day 12: Rest day at Panch Pokhara or Hongu Pokhari
- Day 13: Trek to Baruntse Base Camp 5,300m.
- **Day 14**: Rest day for acclimatization and preparation
- Day 15-29: (15 days) Ascent of Baruntse summit and descend to Base Camp :
- Day 30-31: All members to re-group at Base Camp :
- Day 32 :Cleaning up of base camp with packing for return journey
- Day 33-34: Trek towards Khothay 3,600 using camps in between where possible :
- Day 35 :Trek to Tagnag 07 hrs
- Day 36: Trek to Thuli Kharka 4,200 m 05 hrs
- Day 37 :Trek to Lukla 06 hrs
- Day 38 :Fly to Kathmandu and transfer to your hotels.
- Day 39: In Kathmandu contingency and free day for individual activities
- Day 40 :Depart for international flight home ward bound or to respective countries

#### Notes:

- All above trekking hours and distances are approximate and it's absolutely for general ideas only.
- The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities
- Your safety is our supreme concern while engaging with Snowy Dream World. Please note
  that your leader has the authority to adjust or cancel any part of the itinerary if it is
  estimated required due to safety issues. Every determination will be made to keep to the
  above itinerary; though, since this journey involves travelling in remote mountainous areas,
  we cannot assurance that we will not suffer from it. Weather conditions, health condition,
  unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that
  the trip runs according to plan, but please be prepared for the happening if required