

Group size:	1+	Max-Altitude:	5416m at Thorong-la Pass.
Destination:	Nepal	Fitness level:	Challenging
Arrival on:	Tribnuwan International Airport (TIA)	Departure from:	Tribnuwan International Airport (TIA)
Meals:	Breakfast in Kathmandu and All standard meals (B+L+D) during the Trek		
Best Season:	Spring and Autumn		
Accommodation:	Three star rated Hotel in Kathmandu and Pokhara and Best lodge/Tea house Available during the Trek.		

Trip Introduction

Annapurna Circuit & Tilicho Trek takes us to most elevated lake in the World. This “work of art” adventure of **Annapurna Circuit joined with Tilicho Lake Trek** begins with a drive to Jagat in the paddy fields of the swamp, picking up height relentlessly along the **Marshyangdi River**. It goes through oak and pine timberlands, and in the end developing into high elevation desert nation at Manang (3597 m.)

This trek offer you to the fine villages possessed by a mixed culture of people from various ethnic groups, awesome and grand perspectives on the white Himalayas. We have modified this route as it is essentially equivalent to Annapurna Circuit, from Manang as opposed to taking the valley north to **Tanki Manang and Yak Kharka**. This route goes to the primary valley toward the west passes through the **Khanshar Village (The Last Village of Nepal) and trek up to Tilicho lake**, at that point we travel to Yak Kharka then up to **Thorung La Pass at rise of 5,416m**. If you eager to inquire us, [click here](#)

Day 01:Landing in Kathmandu.

- 1350m.
- Three star rated Hotel.
- 6-7 km.

Day 02:Drive to Dharapani 1,920 m through Beshishar 800 m – 08 hrs.

- 1920m
- Best


- Breakfast

- 8 hrs.

Day 03:Trek to Chame 2,670 m – 05 hours.

- 2670m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  5 hrs

Day 04:Trek to Pisang 3, 230 m – 05 hrs.

- 3230m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  5 hrs


Day 05:Trek to Manang Village 3,450 m – 05 hrs.

- 3450m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  5-6 hrs.


Day 06:Rest day at Manang for nearby climbs and acclimatization.

- Best Tea-house Available
- Breakfast Lunch Dinner

Day 07:Trek from Manang to Sirikharaka town (4060m.) 5-6 hours trek.

- 4060m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  5-6 hrs

Day 08:Trek from Siri Kharka to Tilicho Base Camp (4, 200m) 3-4 hours trek.


- 4200m
- Best Tea-house Available
- Breakfast Lunch Dinner
-  4 hrs

Day 09:Visit Tilicho Lake (4,949m at that point back to Siri Kharka: 5-6 hours

- 4949m
- Best Tea-house Available
- Breakfast Lunch Dinner
- 5-6 hrs


Day 10:Trek from Sirikharka to Yak Kharka (4, 200m.) 3-4 hours trek.

- 4200m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  3-4hrs


Day 11: Trek from yak Kharka to Thorong Phedi (4, 400m.) 3-4 hours trek.

- 4400m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  3-4 hrs

Day 12: Trek from Thorong Phedi to Muktinath (3, 800m) 6-7 hours trek.

- 3800m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  6-7 hrs


Day 13: Trek from Muktinath to Marpha (2, 665m.) 4-5 hours trek.

- 2665m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  4-5 hrs

Day 14: Trek from Marpha to Kalopani (2, 560m.) 5-6 hours trek

- 2560m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  5-6 hrs

Day 15: Trek from Kalopani to Tatopani (1, 180m) 5-6 hours trek.

- 1180m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  6 hrs


Day 16: Trek from Tatopani to Ghorepani (2, 830m) 5 hours trek.

- 2830m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  5 hrs

Day 17: Climb up to Poon Hill (3, 200m) and trek down to Tikhedhunga (1, 550m.) 5-6 hours trek.

- 3210m
- Best Tea-house Available
- Breakfast Lunch Dinner

-  5-6 hrs

Day 18: Trek from Tikhedhunga to Nayapool-Pokhara (910m) one hour drive and 5 hours trek.

- 910m
- Three star rated Hotel

- Breakfast Lunch

-  5 hrs

- 1 hr

Day 19: Drive Pokhara to Kathmandu.

- 1350m
- Three star rated Hotel
- Breakfast
- 6-7 hrs

Day 20: Departure

- 1350m
- Breakfast

Trip Notes:

- **All above trekking hours and distances are approximate and it's absolutely for general ideas only.**
- **The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities**
- **Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assure that we will not suffer from it. Weather conditions, health condition, unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.**

Included in the Cost

- Three star rated Accommodation in Kathmandu
- All accommodation and meals (Breakfast, Lunch and Dinner) during the trek.

- Transfer from Kathmandu to trekking starting point and from trekking ending point to Kathmandu by means of transportation
- An experienced English-speaking trek guide and Sherpa porters to carry luggage including their salary, insurance, equipment, food and lodging.
- Porter 1:2 ratio. 1 porter for 2 people weighing around 15-20 kg of weight.
- Sleeping bags and duffel bags, Walking Sticks if necessary.
- First aid kit will be available if necessary.
- Trekking maps.
- Our Company provides Adventure Trekking Certificate.
- Our administration charge and government charges.

Not Included in the Cost

- Food in city like Kathmandu and Pokhara.
- Extra Hotel Lodging Charges in Kathmandu because of Early arrive or late departure. early arrive from mountain than our schedule Itinerary.
- Tips to Guides and porter.
- Additional charges in case of emergency (You must have adequate travel insurance to cover any kind of emergencies, like (ground transportation & Heli rescue/medical/hospitalization. Medical etc).
- Your International flight ticket airfare.
- Chocolates/energy drinks/alcohol/mineral water/cigarettes/packing food /snacks etc.
- Additional medication for altitude sickness (Acetazolamide etc).
- Personal and any other expenses such as Laundry/WIFI on trek/phone call.
- Personal trekking equipment.
- One-way domestic airfares from Pokhara to Kathmandu. Can be organized at an extra charge USD \$60 only.