

Group size:	2-12 Persons	Max-Altitude:	6856 Meters
Destination:	Nepal	Fitness level:	Challenging
Arrival on:	Tribhuvan International Airport (TIA)	Departure from:	Tribhuvan International Airport (TIA)
Meals:	Full board while on trekking and Climbing		
Best Season:	March to May & October/November		
Accommodation:	Hotel/Guest house/Camping		

Trip Introduction

AMA DABLAM EXPEDITION

‘a daring adventure on stunning highest above 6,000 m peaks on top beautiful Mt. Amadablam’

Mt. Amadablam Expedition is one of the striking peaks in all Himalayan range of mountains truly a fascinating high peak to climb of some great technical effort to reach it scenic summit top at above 6,814m and 22,355 ft high. **Mt. Amadablam**, one of the highest above 6,000 m peaks in Nepal Himalaya where the name of Sherpa and Tibetan origin and language which means Mother with Jewel Box, a charming peak to look at from South West Face where you can see an object of mass ice block hanging at the neck of the mountain that resembles like a box, hence the **Amadablam** with jewel box on mothers neck. Truly a magnificent peak to look at from all direction on the walks within scenic and high Khumbu region in the shade of Mt. Everest and exploring nice lovely Sherpa villages of great interest and visit to its old monasteries which is very impressive enriched with Buddhism religion and cultures. Snowy Dream World Treks and Expeditions will be climbed from the normal and original route using South West ridge like early mountaineers took by Mr. Ray Delaney with Joe Simpson in April 1990 since then it has been a popular and safe accessible route for the climb. **Mt. Amadablam** first climbed in 1961 by Anglo-American and New Zealand team, since then been climbed frequently using many different routes, the peak located high above Thyangboche, Pangboche and Dingboche village, where climb leads further up from Pangboche village which is nearest route to its base camp for the classic climb.

Starting our adventure to Mt. **Amadablam Expedition** with full preparations at Kathmandu and then flying to Lukla town with its unique airstrip, where our walk begins past lovely farm villages following the Dudh Kosi for sometimes then uphill to famous colorful Namche Bazaar for rest and to explore its nice town village with many big stores and shops and

other good facilities of banks, post office and Cyber Café as well. After Namche Bazaar with rest days heading towards our adventure reaching at beautiful and scenic Thyangboche Monastery offering superb panorama of mountains with **Amadablam** and Everest and then reaching the last Pangboche village before **Amadablam base camp**. At base camp with enough fifteen days to rest-practice and to recover strength and energy for the Big Climb to the summit of striking **Amadablam summit** with ever exciting views that circles you at the top and then descend safely back to reach Lukla for the flight to Kathmandu, after a most adventurous mountaineering experience on Mt. **Amadablam Expedition**. For more information, Please [CONTACT US](#).

Outline Itinerary

- **Day 01** :On arrival in Kathmandu meet our staff for transfer to hotel
- **Day 02-03:In Kathmandu preparation for Mt. Amadablam Expeditions. :**
- **Day 04** :Fly to Lukla 2,820 m (30 mins flights) and trek to Phakding 2,640 m - 03 hrs.
- **Day 05** :Trek to Namche Bazaar 3,440 m - 06 hrs.
- **Day 06** :Rest day at Namche Bazaar for acclimatization and excursion.
- **Day 07** :Trek to Pangboche 3,900m via Thyangboche Monastery 3,867 m - 06 hrs
- **Day 08** :Trek to Amadablam base camp - 04 hrs
- **Day 09** :At Amadablam base camp preparation and acclimatization days
- **Day 10-24: (15 days) Expeditions and ascent of Mt. Amadablam. :**
- **Day 25** :At base camp to clear the campsite and garbage
- **Day 26** :Trek to Thyangboche Monastery 3,867 m - 05 hrs
- **Day 27** :Trek to Namche Bazaar - 05 hrs
- **Day 28** :Trek to Lukla - 06 hrs.
- **Day 29** :Fly to Kathmandu and transfer to your hotels
- **Day 30** :In Kathmandu contingency and free day for individual activities
- **Day 31** :Depart for international flight home ward bound or to respective countries

Notes:

- All above trekking hours and distances are approximate and it's absolutely for general ideas only.
- The above data is a guide and standard layout of what we give. Our trek can be customized at your request to suit your particular necessities
- Your safety is of supreme concern while engaging with Snowy Dream World. Please note that your leader has the authority to adjust or cancel any part of the itinerary if it is estimated required due to safety issues. Every determination will be made to keep to the above itinerary; though, since this journey involves travelling in remote mountainous areas, we cannot assurance that we will not suffer from it. Weather conditions, health condition,

unexpected natural disasters can all affect in the itinerary. The leader will try to ensure that the trip runs according to plan, but please be prepared for the happening if required.